



What new perspectives does the biblical energy paradigm open up?

An Introduction to ESP Training
NCD Webinar, December 7, 2022
Start at 6:00PM CET

What is assumed

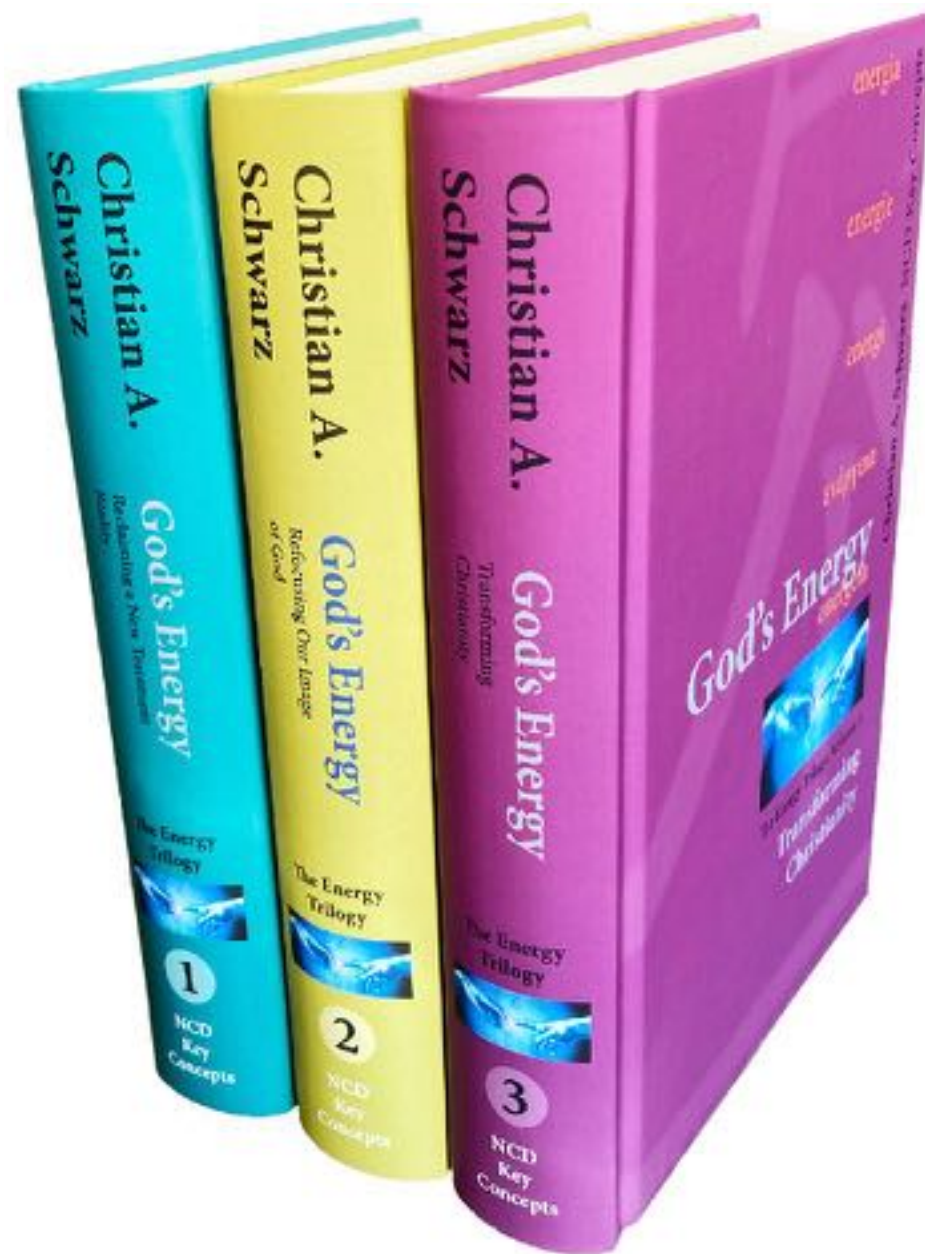


What is assumed

A basic familiarity with the
biblical energy paradigm

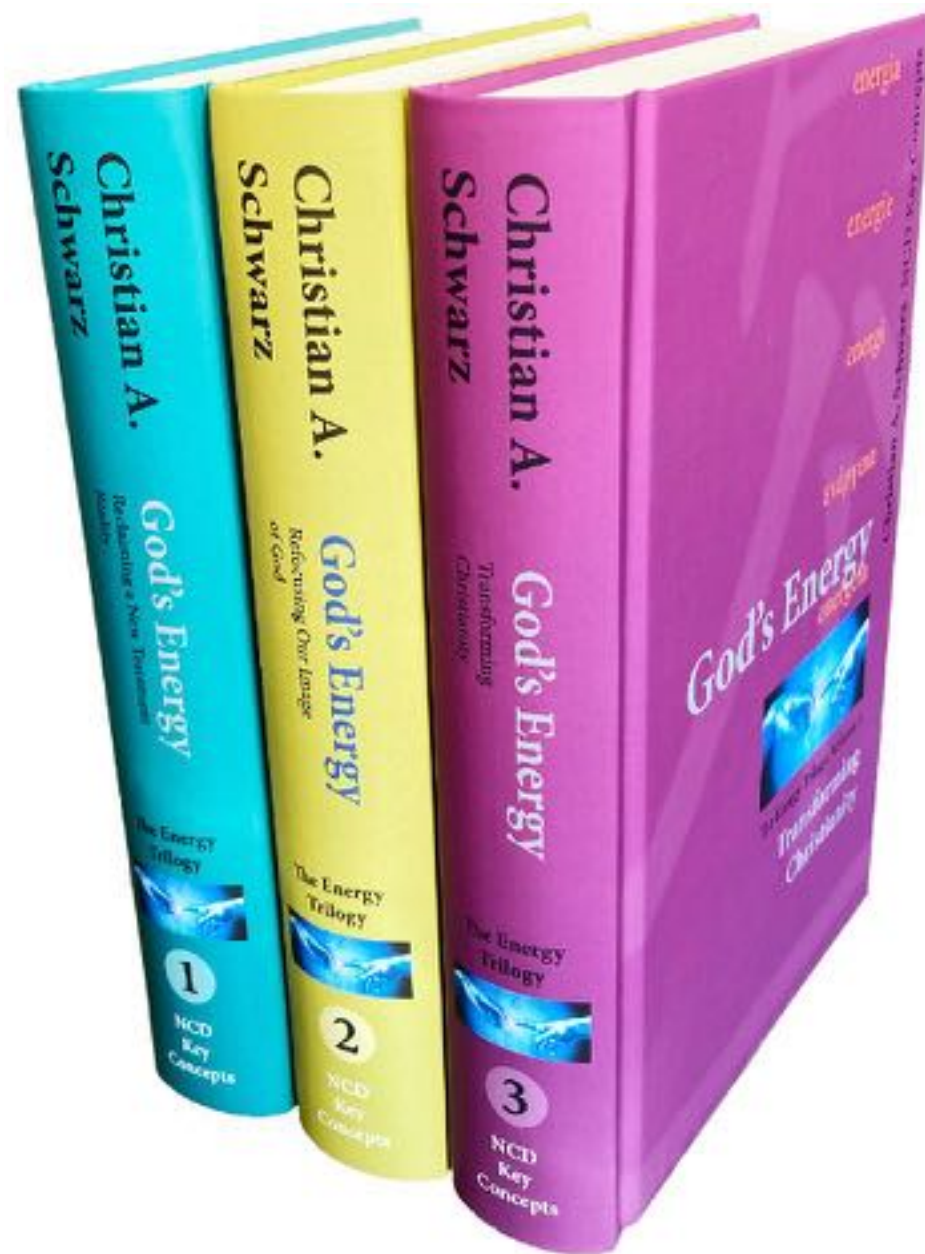


Basic introduction to the Energy Paradigm



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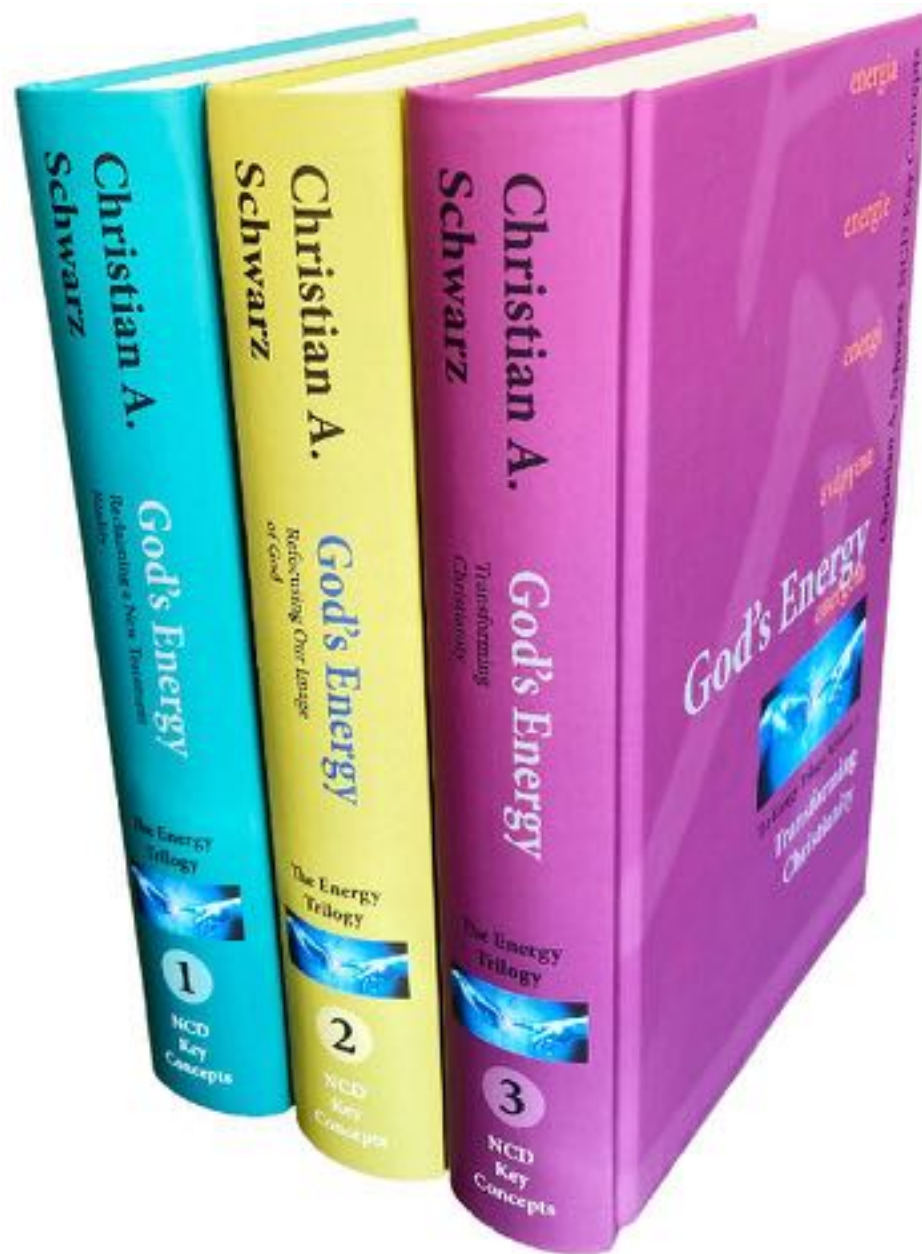
Basic introduction to the Energy Paradigm



- Available as Hardcover edition through NCD America



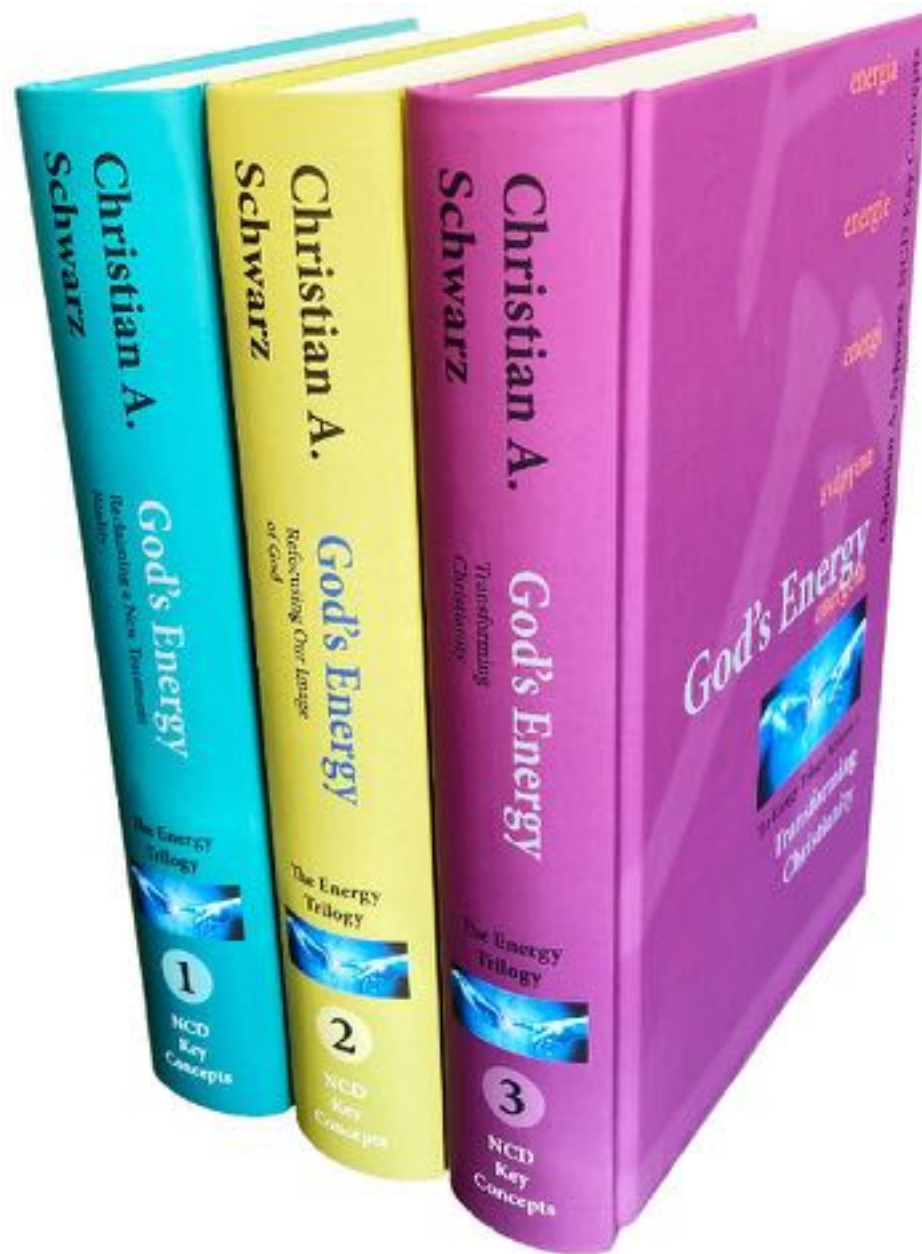
Basic introduction to the Energy Paradigm



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Basic introduction to the Energy Paradigm



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The Blue Bar Concept: A book within a book

BLUE BAR



DIE BERECHTIGUNG DES TRANSRATIONALEN

Christlicher Glaube ist nicht irrational, auch wenn der Glaube einzelne Menschen bisweilen irrationale Züge annehmen kann. Rational ist ein wichtiges Kennzeichen gesunden Glaubens. Geistliche Erfahrungen können und sollten mit einer kritischen Bewertung dieser Erfahrungen einbezogen werden. Alles, was sich im Bereich von Raum und Zeit manifestiert, ist allen für wissenschaftliche Untersuchungen zugänglich. Die Tatsache, dass wir ein erblicher Teil unserer eigenen Natur, der auf Methoden des Transrationalen beruht, ist ein wichtiger Teil unserer eigenen Natur. Ein erblicher Teil unserer eigenen Natur, der auf Methoden des Transrationalen beruht, ist ein wichtiger Teil unserer eigenen Natur. Ein erblicher Teil unserer eigenen Natur, der auf Methoden des Transrationalen beruht, ist ein wichtiger Teil unserer eigenen Natur.

148 KAPITEL 4: WIE GOTTES ENERGIE MENSCHLICHES VERHALTEN DURCHDRINGT



Abbildung 17: Rationale und transrationale Ebenen sehen in einem komplementären Verhältnis zueinander. Rationale Ebenen sehen in einem komplementären Verhältnis zu transrationalen Ebenen, welche die Doppelrolle von Rationalismus und Irrationalität.

- Drittens: Wenn wir den transrationalen Pol aufgeben, verwenden wir die rationale Ebene in der Weltanschauung des Rationalismus. Im Rationalismus definieren und begrenzen wir unser eigenes rationales Handeln. Wir Gott handeln darf. Welche Teile des religiösen Lebens des westlichen Christentums, insbesondere im Protestantismus, sind von einer solchen rationalistischen Denkweise geprägt bzw. hat sich Opfer gefällig. Während eine rationale Sicht zur Geltung bringt, Rationalität ist wichtig, aber es gibt mehr als Rationalität, sondern der Rationalismus. Außerhalb der Grenzen der Rationalität gibt es nichts.
- Je stärker der Rationalismus eine bestimmte Ebene durchdringt, desto stärker wird die Gegenreaktion der Irrationalität ausfallen – und umgekehrt. Die Position in der Mitte, die durch das Zusammenspiel der rationalen und des transrationalen Pols entsteht, verändert sich. Wenn wir rational und des transrationalen Pols gegenwärtig zu überwinden versagen, ist es eine dritte Position ganz eigener Art, die die Grenzen eines rationalen und eines irrationalen Paradigmas zu überwinden versagt.
- Diese integrierte Sichtweise ist einer der Schlüssel, um den transrationalen Gott inmitten unseres Lebens zu erfahren. Wenn die beiden genannten Pole nicht in angemessener Weise miteinander verbunden werden, schaffen wir einen unvollständigen Gott und eine unvollständige Wirklichkeit.

DIE BERECHTIGUNG DES TRANSRATIONALEN 149

BLUE BAR



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What is assumed

A basic understanding of the biblical energy paradigm



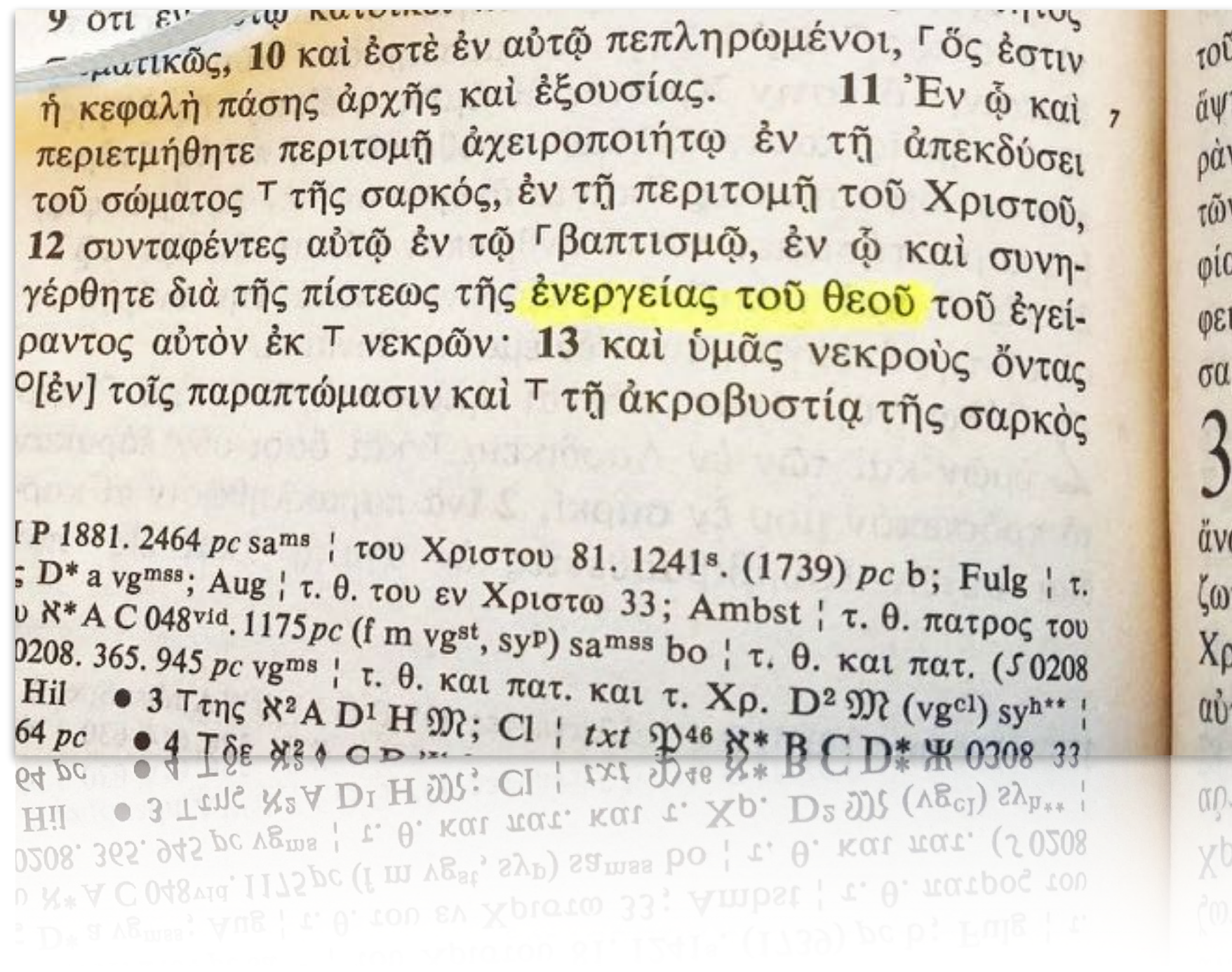
What is assumed

A basic understanding of the
biblical energy paradigm

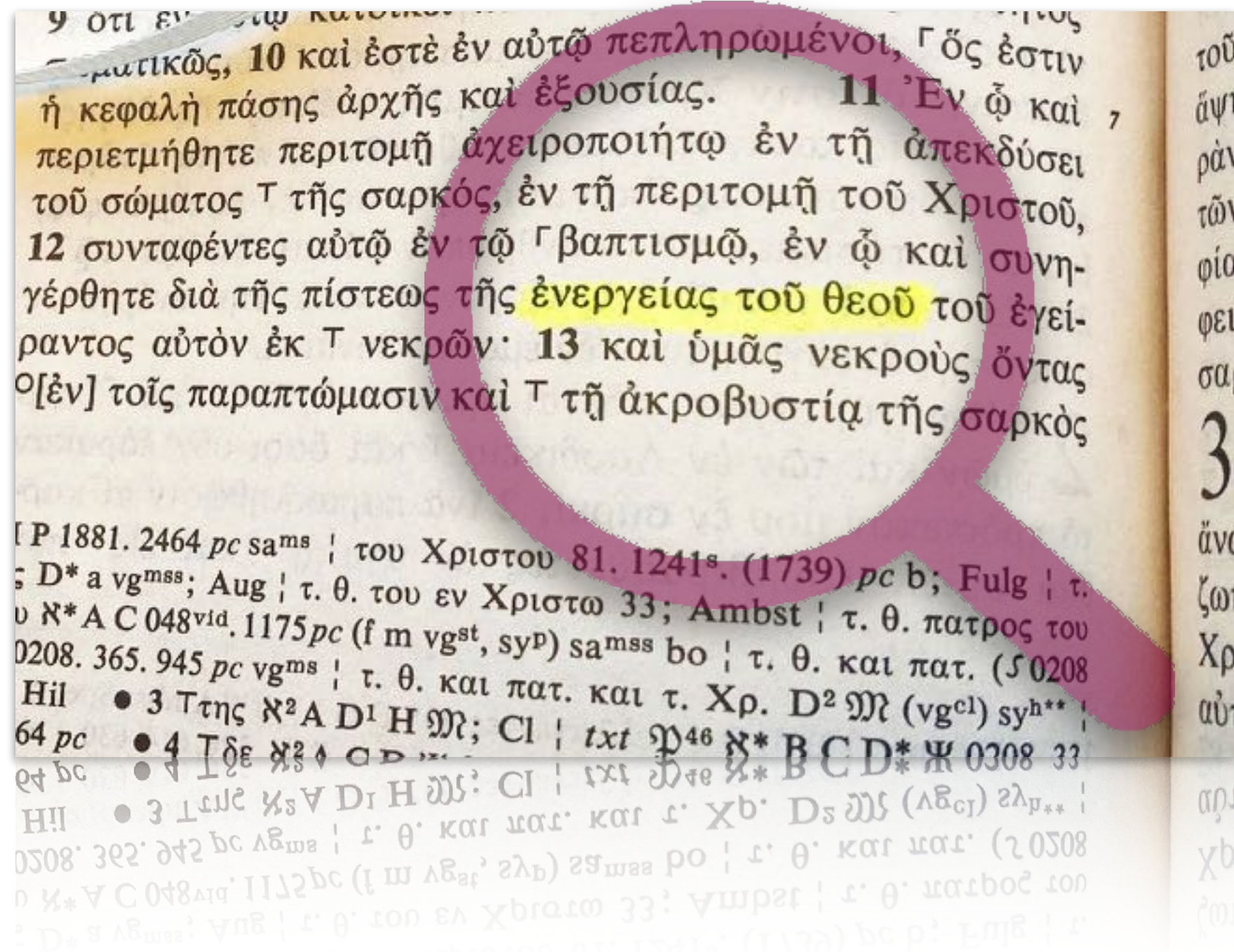
No reservations toward that
part of the biblical teaching



“*enérgeia tou theou*”



“*enérgeia tou theou*”



i.g., Philippians 2:12



A Key Concept in the New Testament

Noun “energy”:

ἐνέργεια or ἐνέργημα

Adjective “energy-filled”:

ἐνεργής

Verb “to energize”:

ἐνεργέω



A Key Concept in the New Testament

Noun “energy”:

ἐνέργεια or ἐνέργημα **10x**

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A Key Concept in the New Testament

Noun “energy”:

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A Key Concept in the New Testament

Noun “energy”:

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Adjective “energy-filled”:

ἐνεργής **3x**

Verb “to energize”:

ἐνεργέω **21x**



System A: <i>Energy System</i>	System B: <i>Cognitive System</i>



System A: <i>Energy System</i>	System B: <i>Cognitive System</i>
feelings	willpower



System A: <i>Energy System</i>	System B: <i>Cognitive System</i>
feelings	willpower
somatic markers	logical arguments



System A: <i>Energy System</i>	System B: <i>Cognitive System</i>
feelings	willpower
somatic markers	logical arguments
images	language



System A: <i>Energy System</i>	System B: <i>Cognitive System</i>
feelings	willpower
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unconscious needs	conscious intentions



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System A: <i>Energy System</i>	System B: <i>Cognitive System</i>
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imprecise signals	precise observations
difficult to change	changeable



System A: <i>Energy System</i>	System B: <i>Cognitive System</i>
feelings	willpower
somatic markers	logical arguments
images	language
unconscious needs	conscious intentions
imprecise signals	precise observations
difficult to change	changeable
energy	Scripture



Example

Philippians 2:13



Example

Philippians 2:13

For it is God who is the energizer (ἐνεργῶν | energón | KJV: who works) in you both to will and to energize (ἐνεργεῖν | energeín | KJV: to do) in order to fulfill his good pleasure.



Example

Philippians 2:13

For it is God who is the energizer (ἐνεργῶν | energón | KJV: who works) in you both to will and to energize (ἐνεργεῖν | energeín | KJV: to do) in order to fulfill his good pleasure.



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Example 5

Philippians 2:13

For it is God who is the energizer (ἐνεργῶν | energón | KJV: who works) in you both to will and to energize (ἐνεργεῖν | energeín | KJV: to do) in order to fulfill his good pleasure.



Example 5

Philippians 2:13

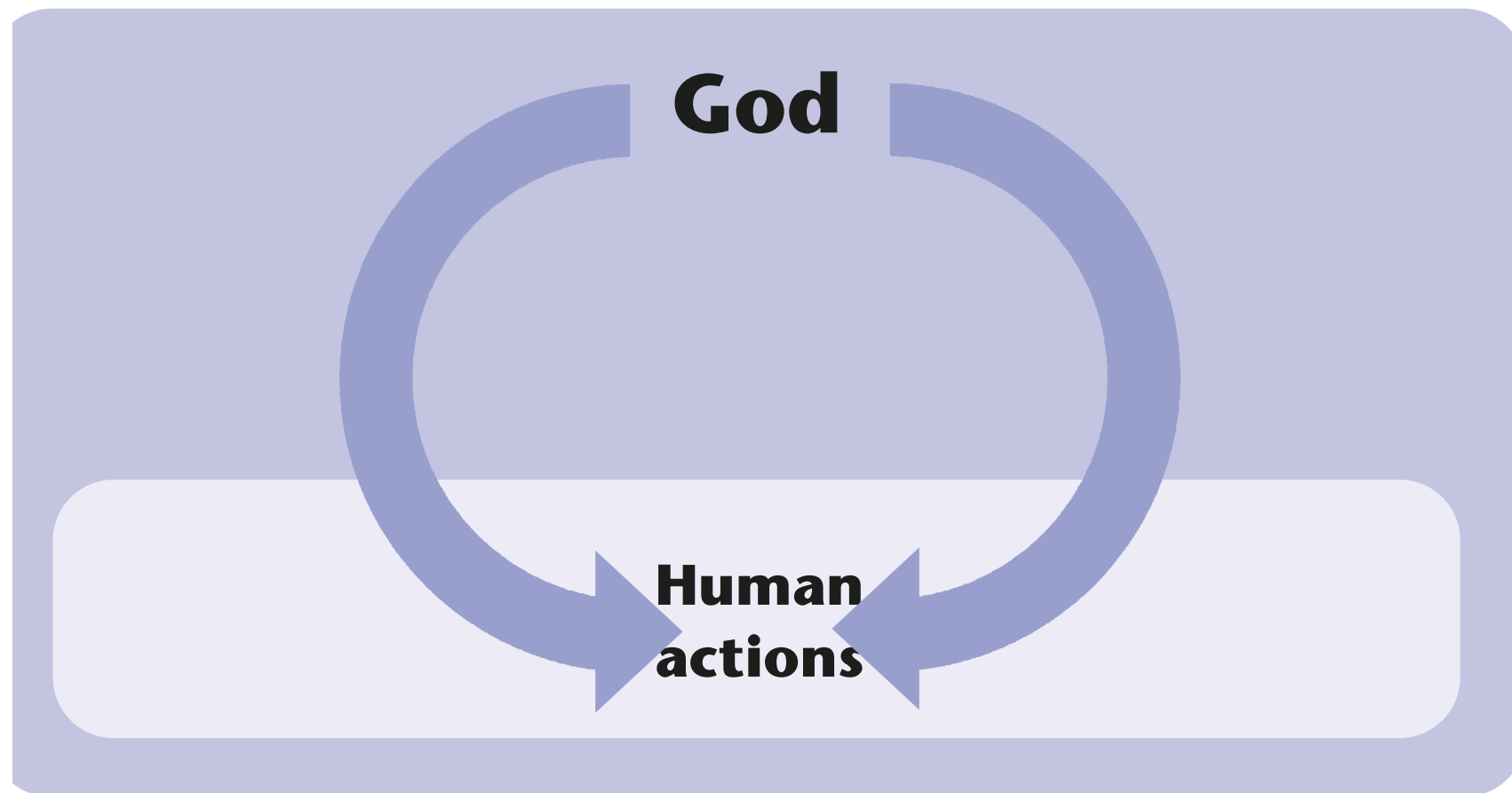
For it is God who is the energizer (ἐνεργῶν | energón | KJV: who works) in you both to will and to energize (ἐνεργεῖν | energeín | KJV: to do) in order to fulfill his good pleasure.

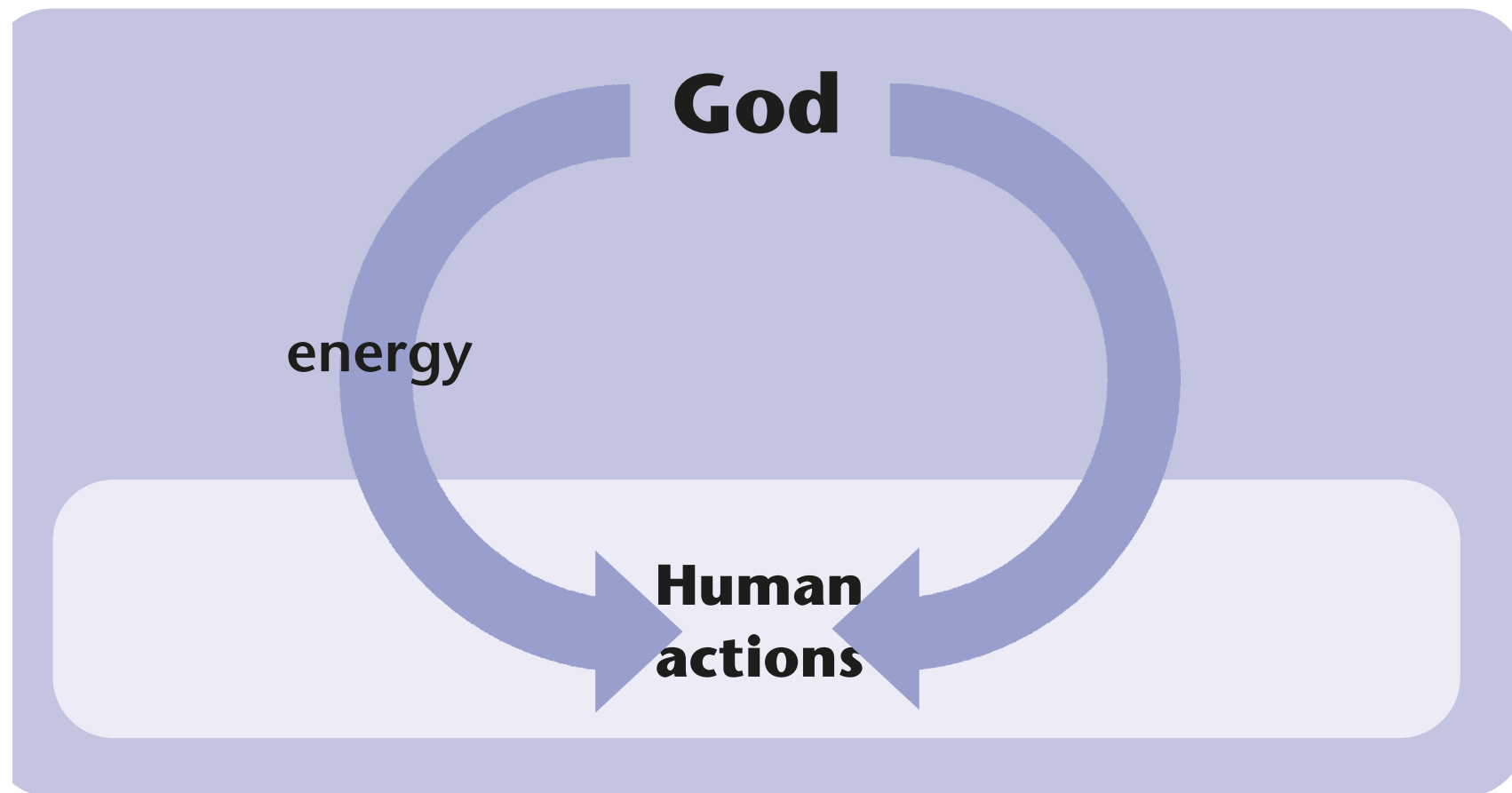


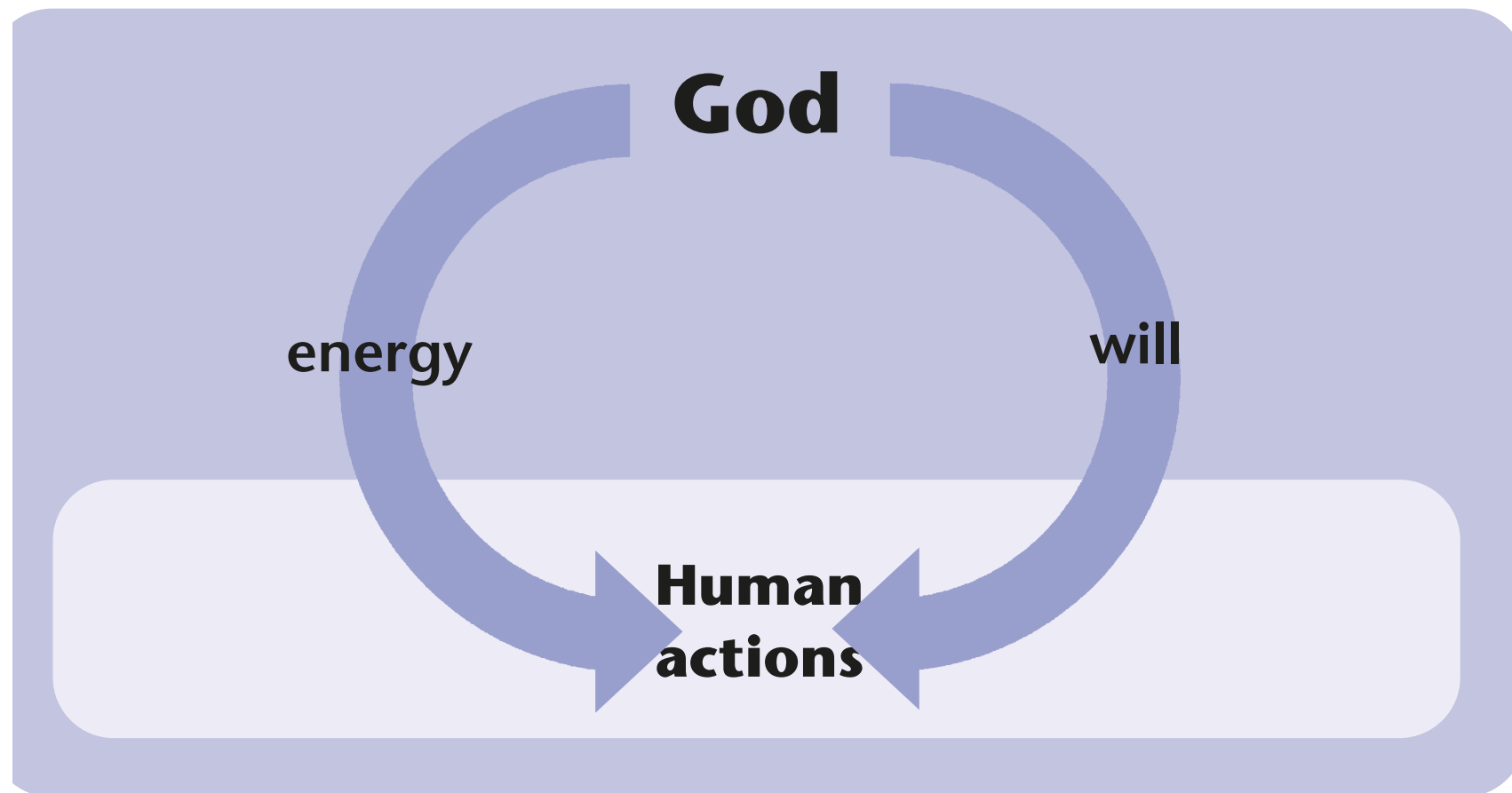
God

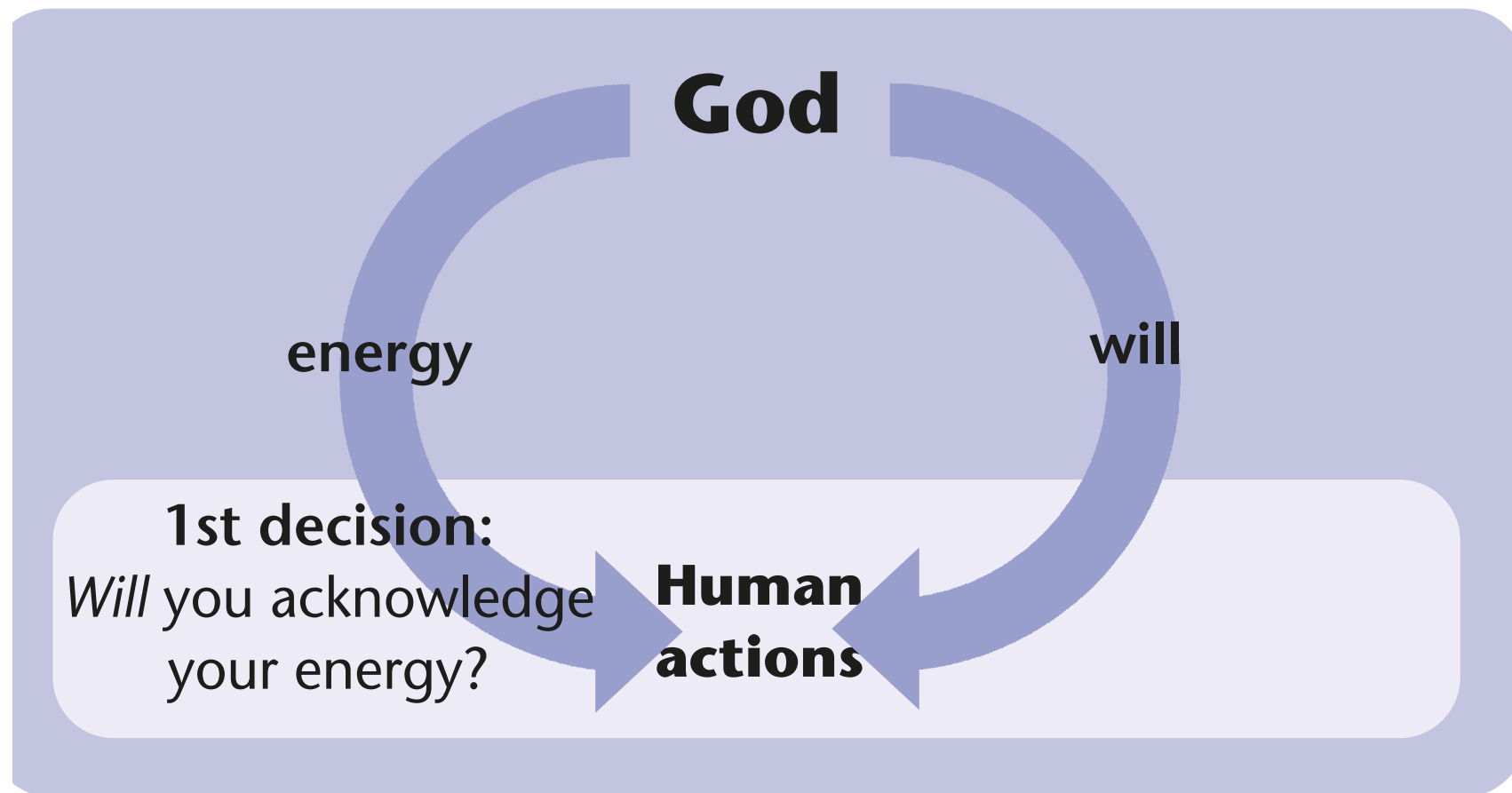
**Human
actions**

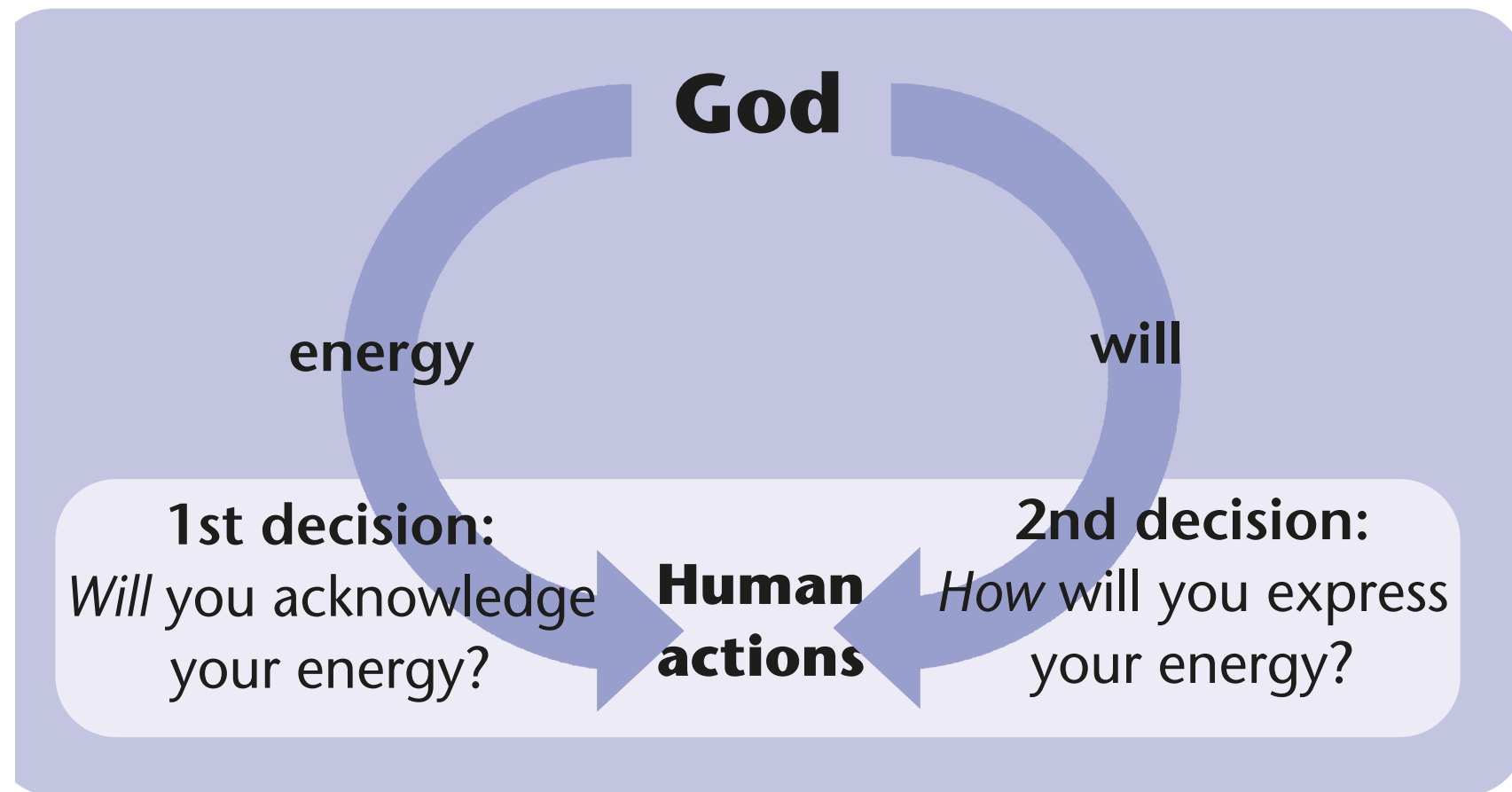












Synchronization

*Intrinsic motivation results from
a synchronization of the Cognitive System
with the Energy System*



Synchronization

*Intrinsic motivation results from
a synchronization of the Cognitive System
with the Energy System*

3 possibilities



Synchronization

*Intrinsic motivation results from
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3 possibilities

I. Energy System surrenders to the Cognitive System



Synchronization

*Intrinsic motivation results from
a synchronization of the Cognitive System
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3 possibilities

1. Energy System surrenders to the Cognitive System
2. Cognitive System surrenders to the Energy System



Synchronization

*Intrinsic motivation results from
a synchronization of the Cognitive System
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3 possibilities

1. Energy System surrenders to the Cognitive System
2. Cognitive System surrenders to the Energy System
3. Energy System supplies raw material
that the Cognitive System uses to direct this energy
most constructively



Synchronization

*Intrinsic motivation results from
a synchronization of the Cognitive System
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3 possibilities

1. Energy System surrenders to the Cognitive System
2. Cognitive System surrenders to the Energy System

**3. Energy System supplies raw material
that the Cognitive System uses to direct this energy
most constructively**



Energy Synchronization Process (ESP)



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Energy Synchronization Process (ESP)

**Energy
System**



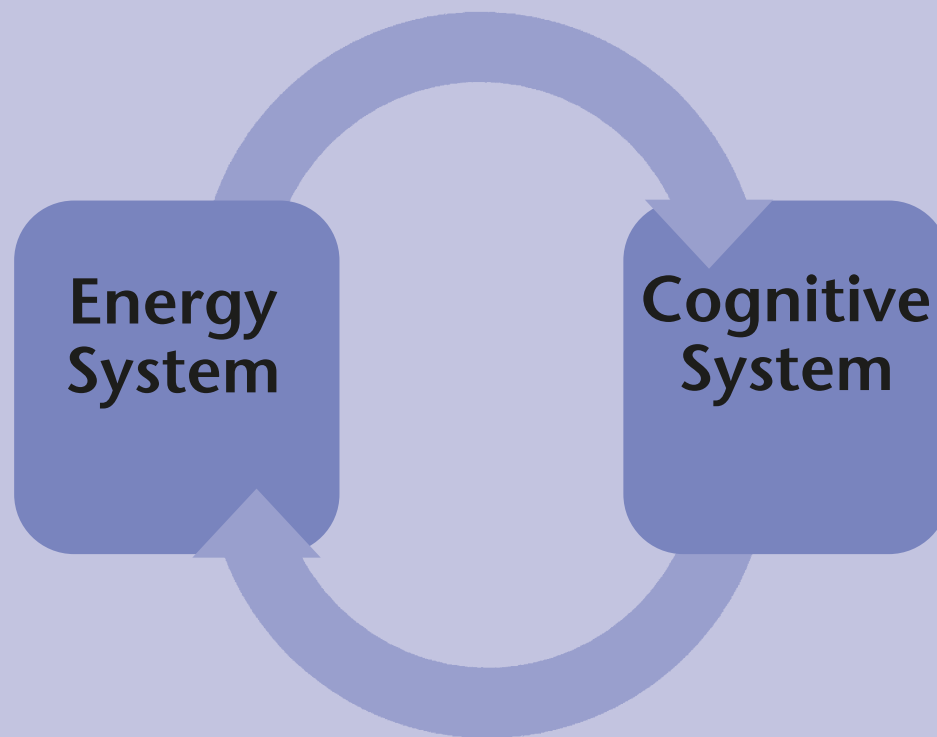
Energy Synchronization Process (ESP)

**Energy
System**

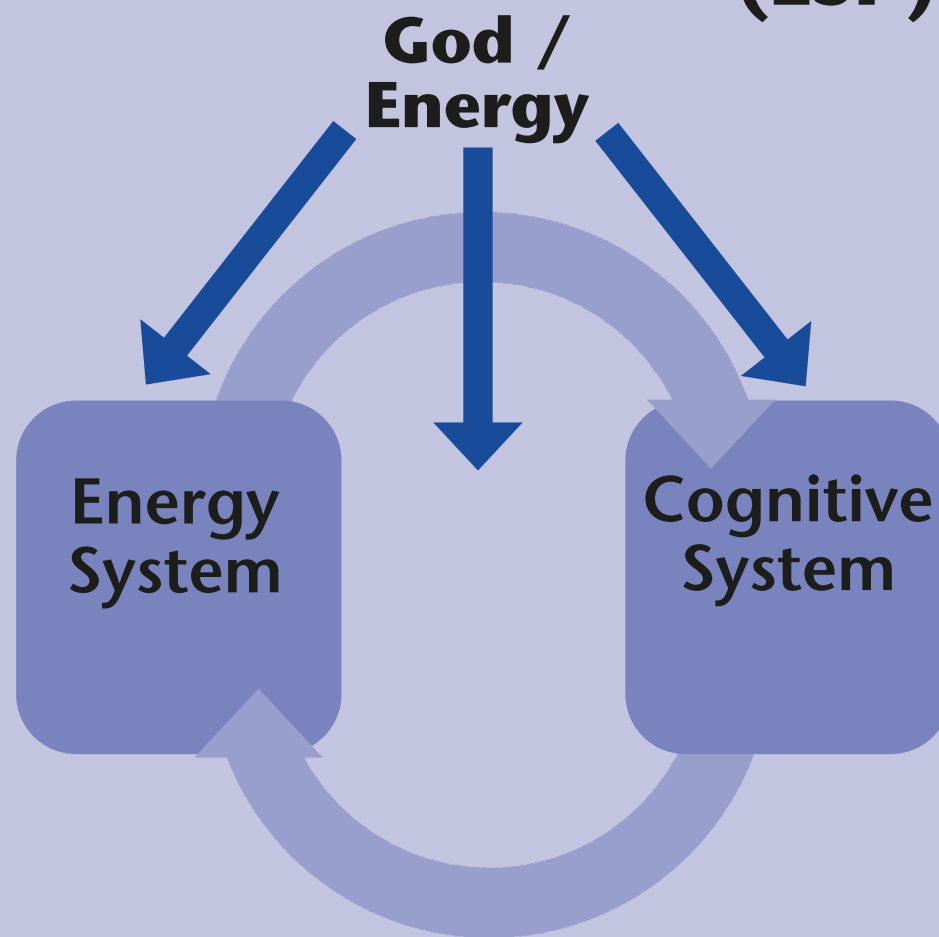
**Cognitive
System**



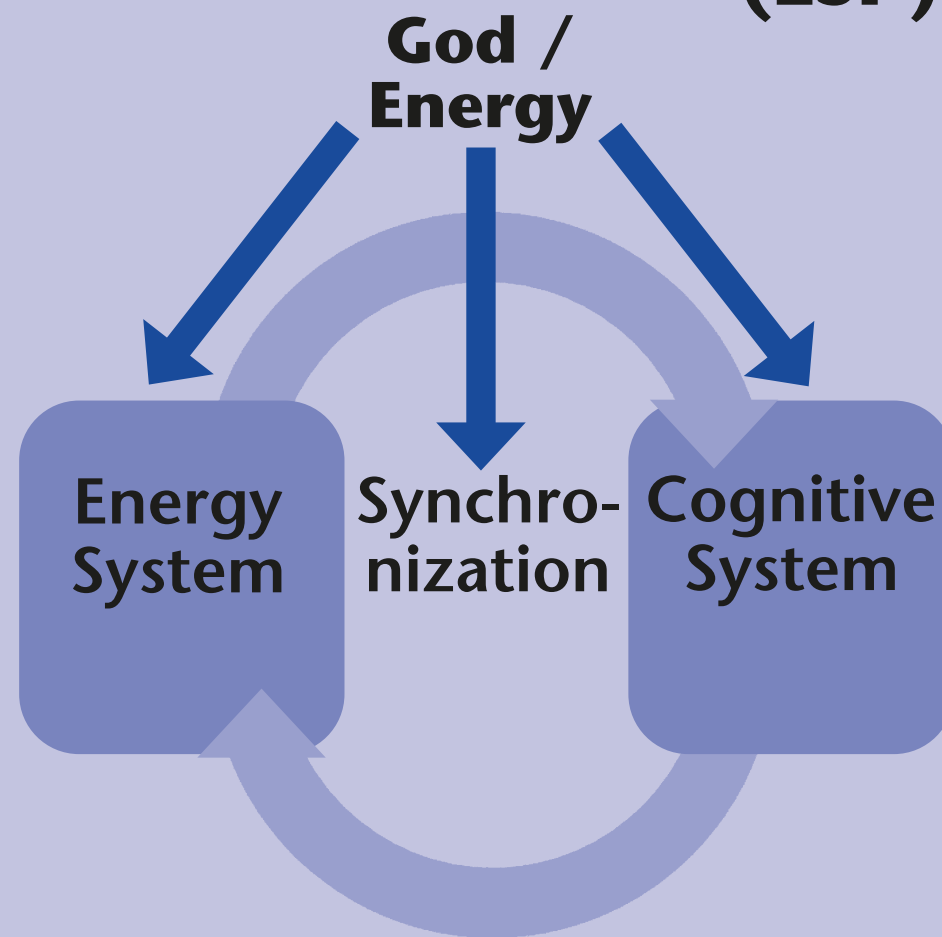
Energy Synchronization Process (ESP)



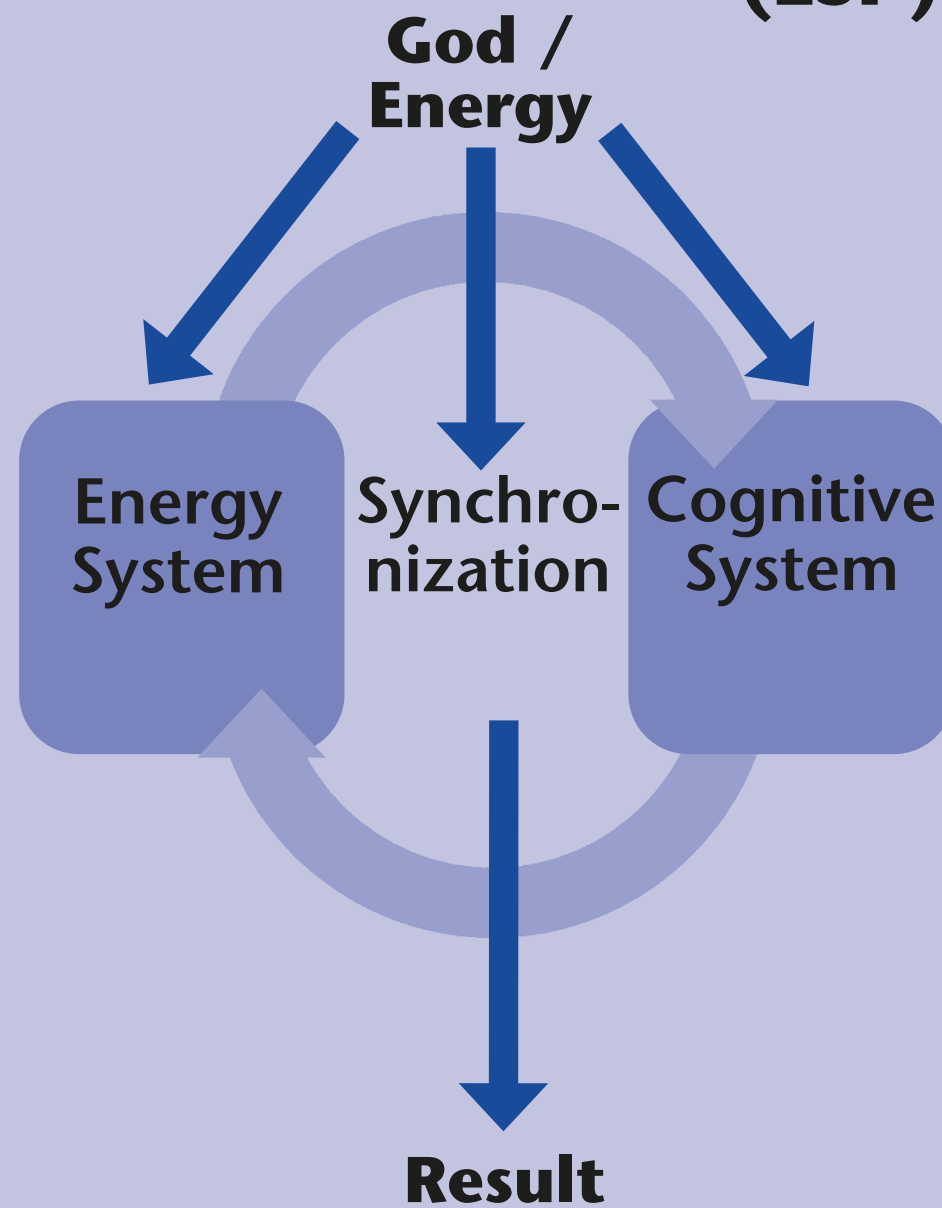
Energy Synchronization Process (ESP)



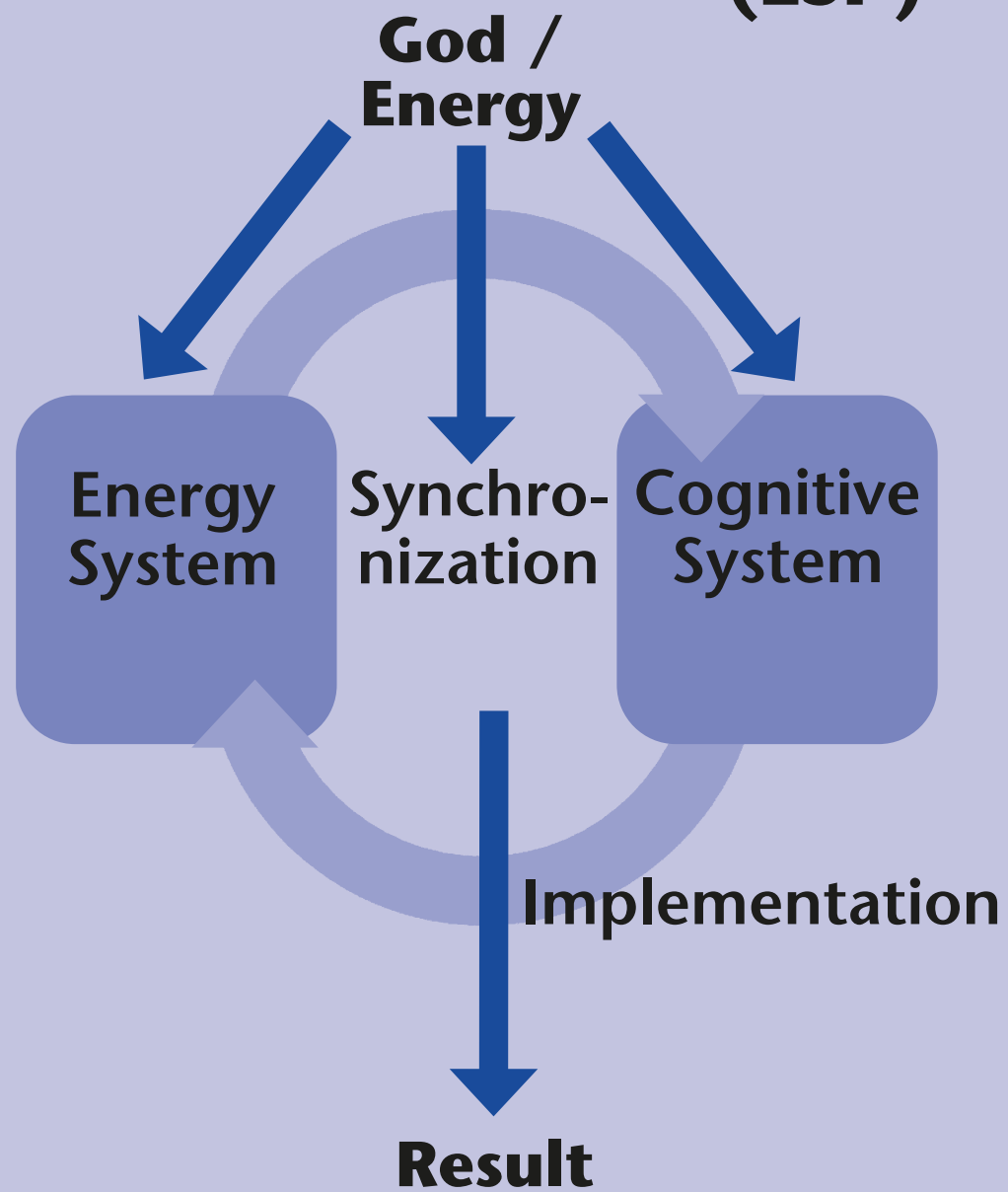
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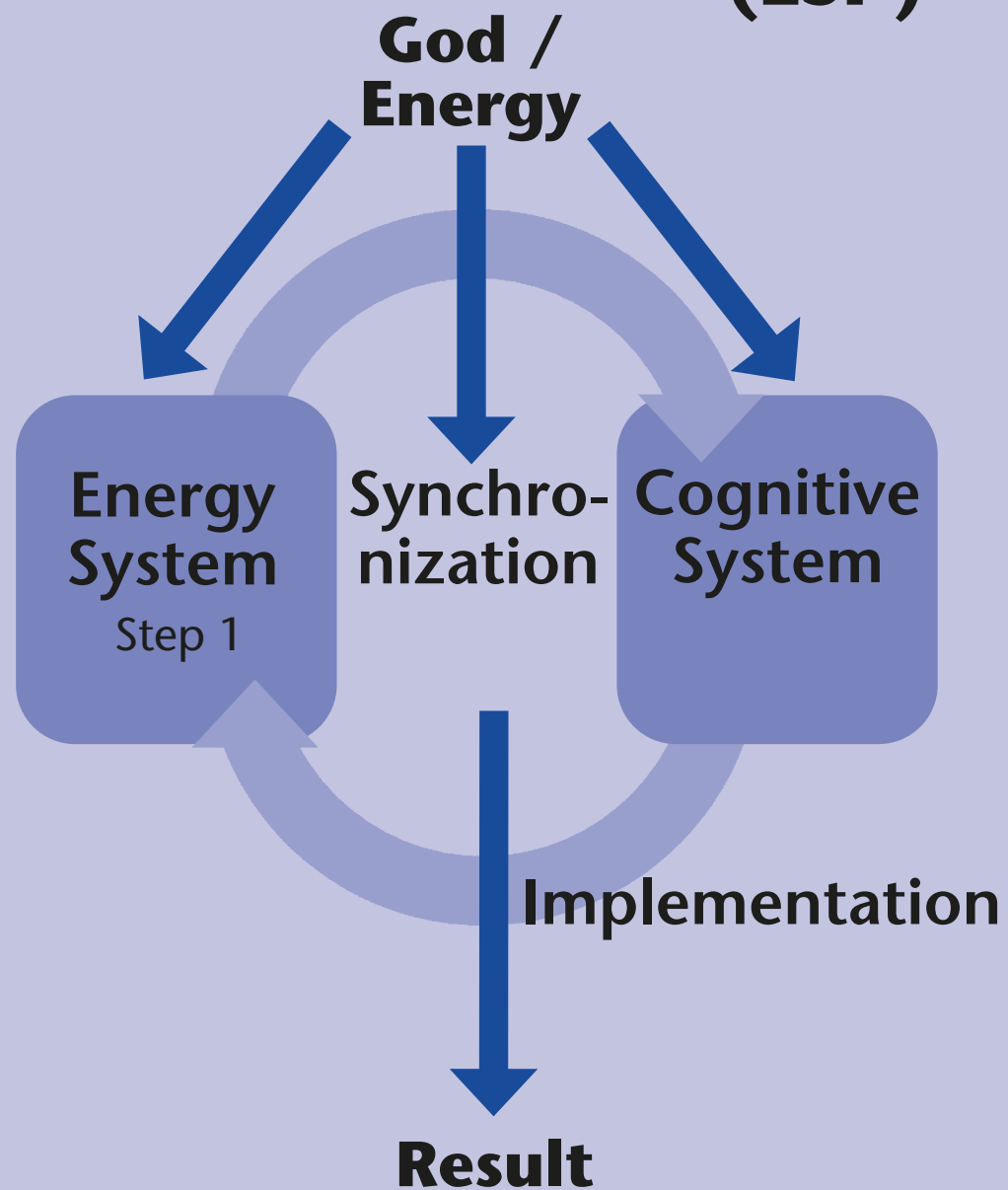
Energy Synchronization Process (ESP)



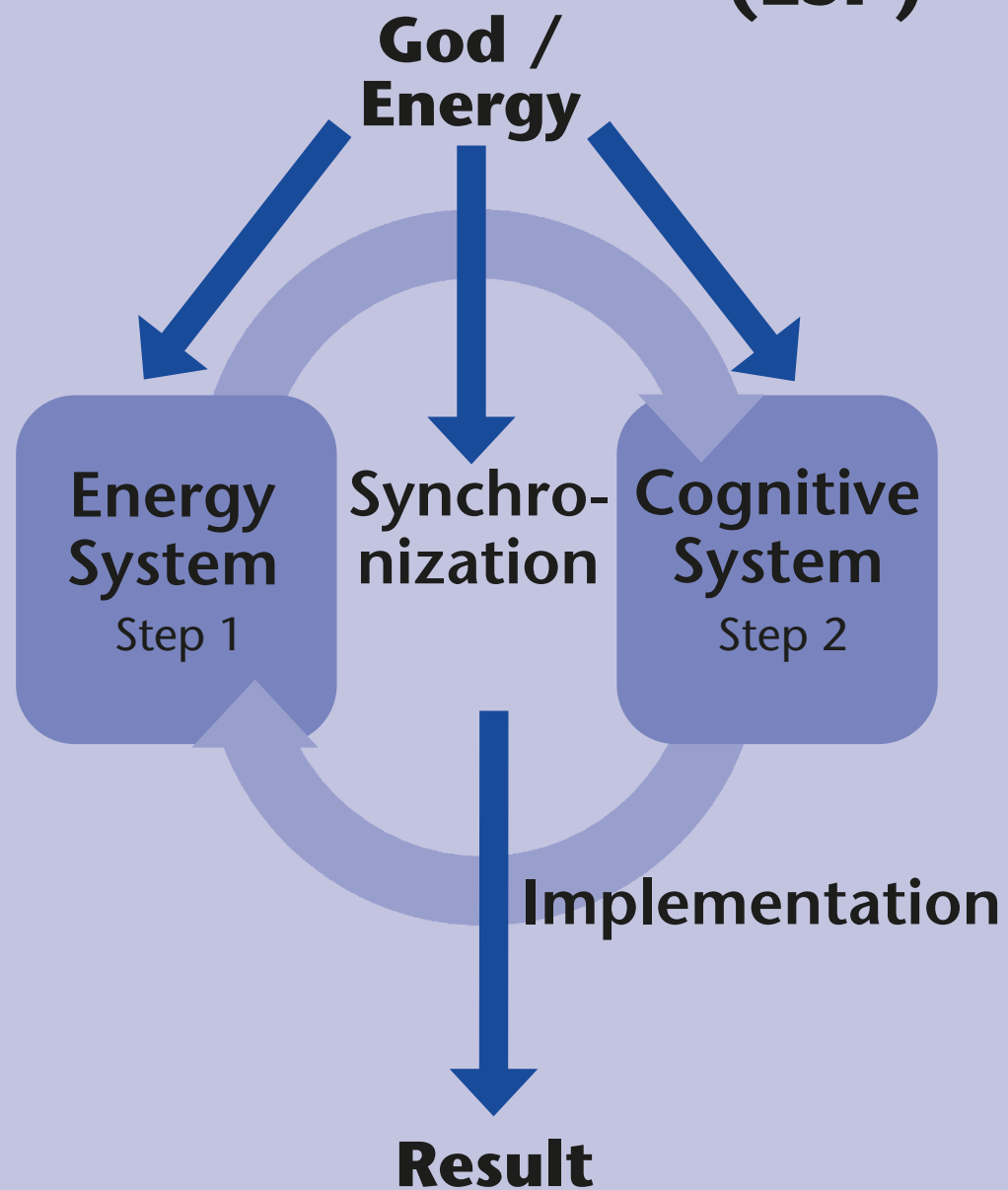
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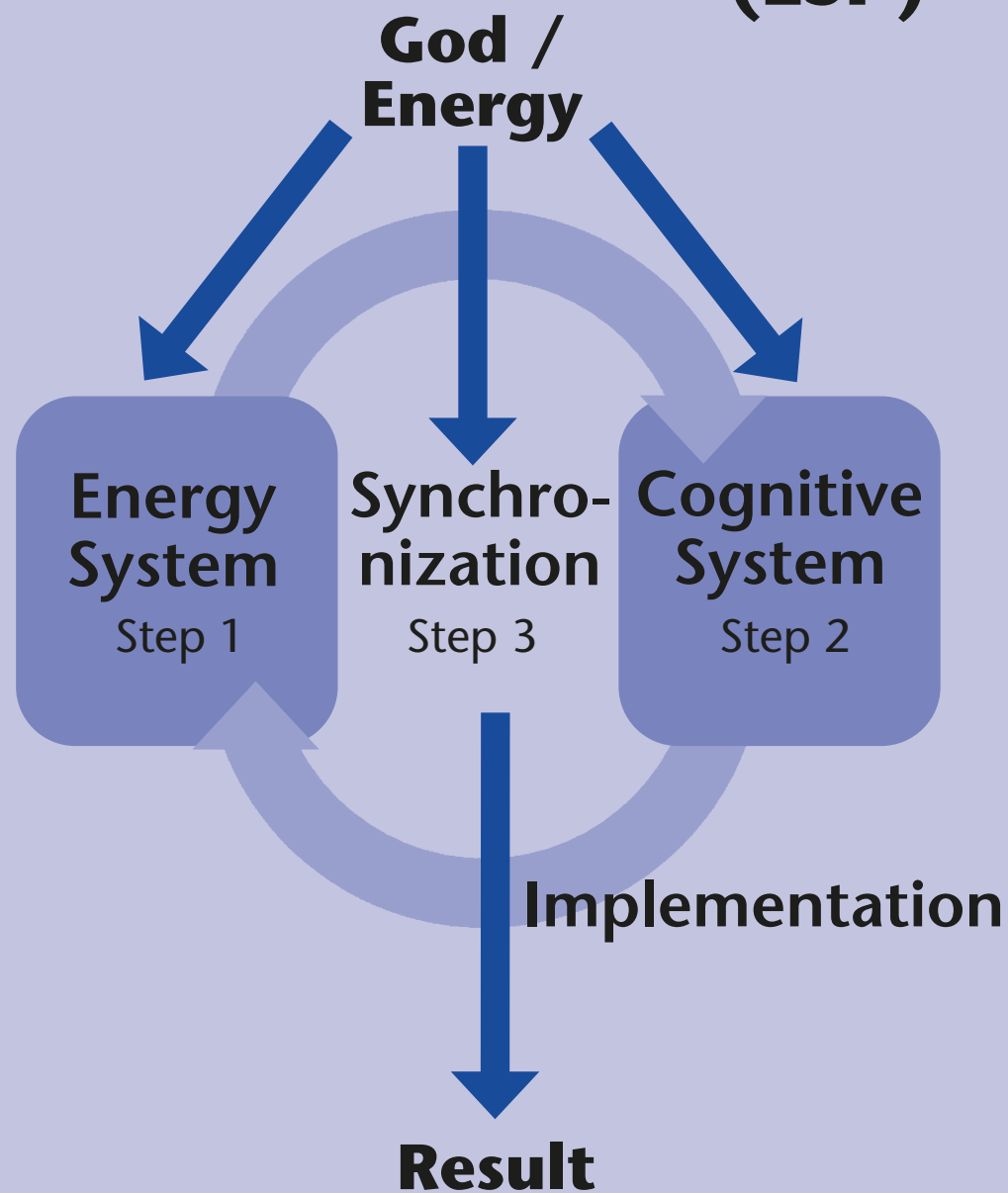
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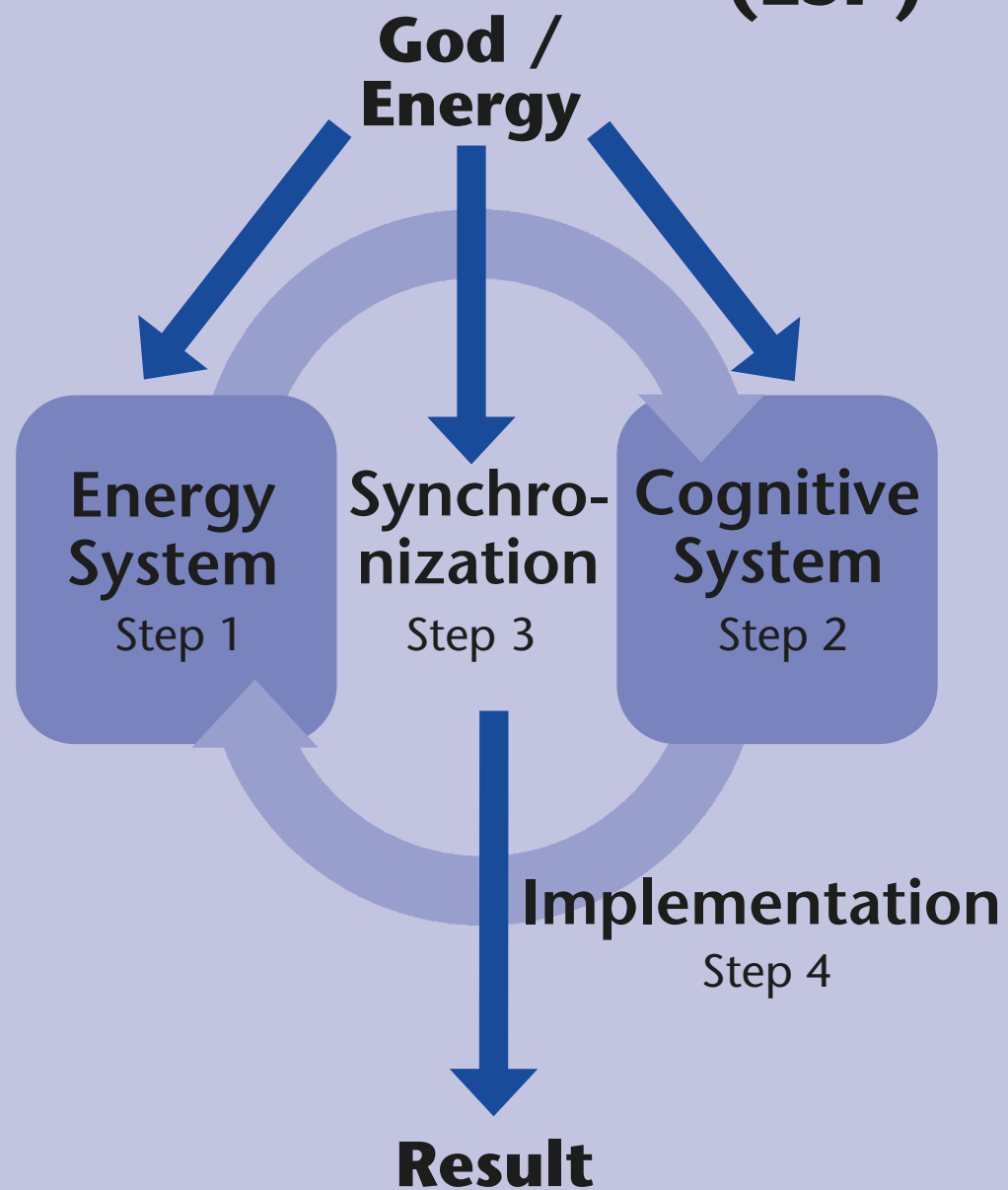
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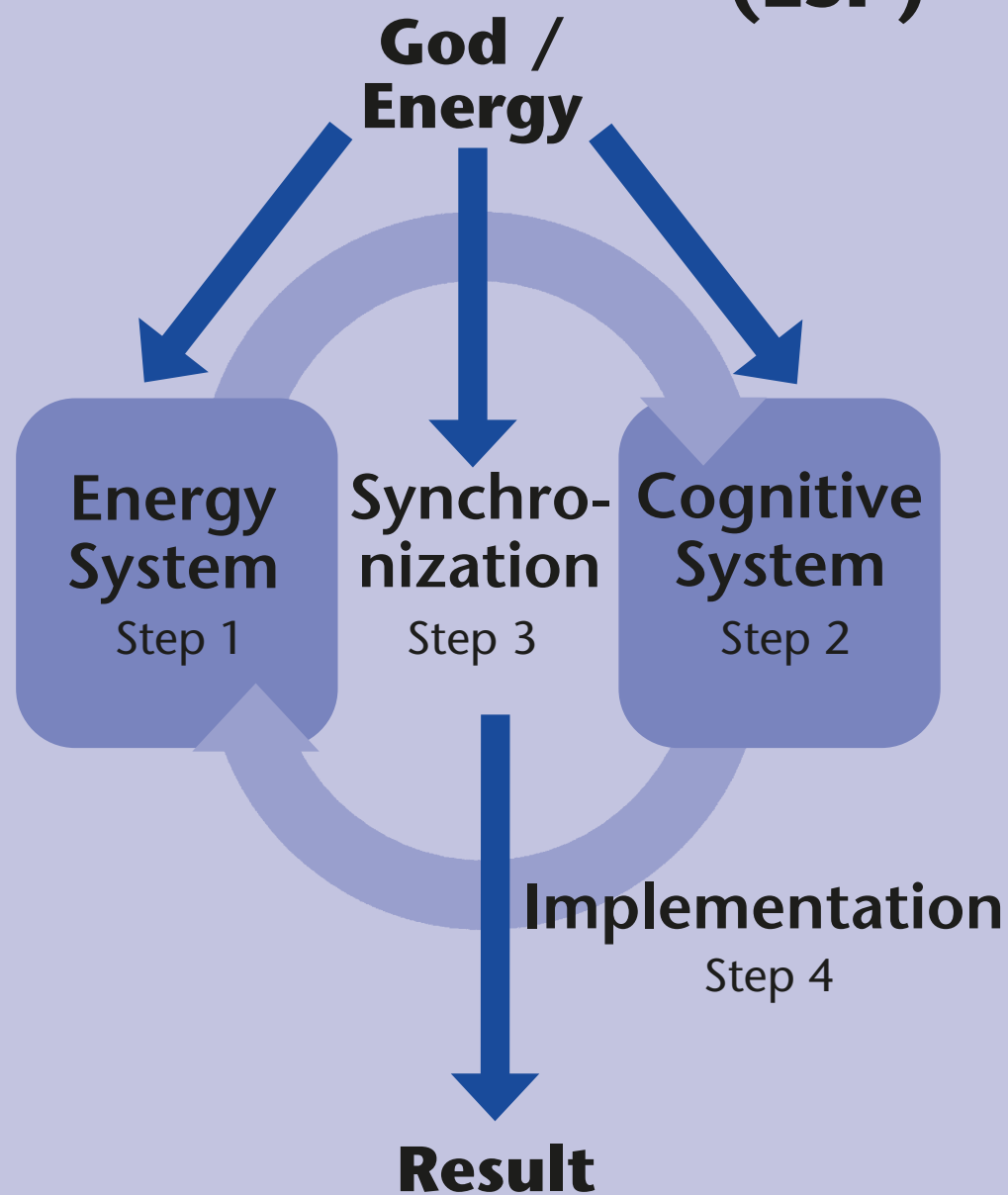
Energy Synchronization Process (ESP)



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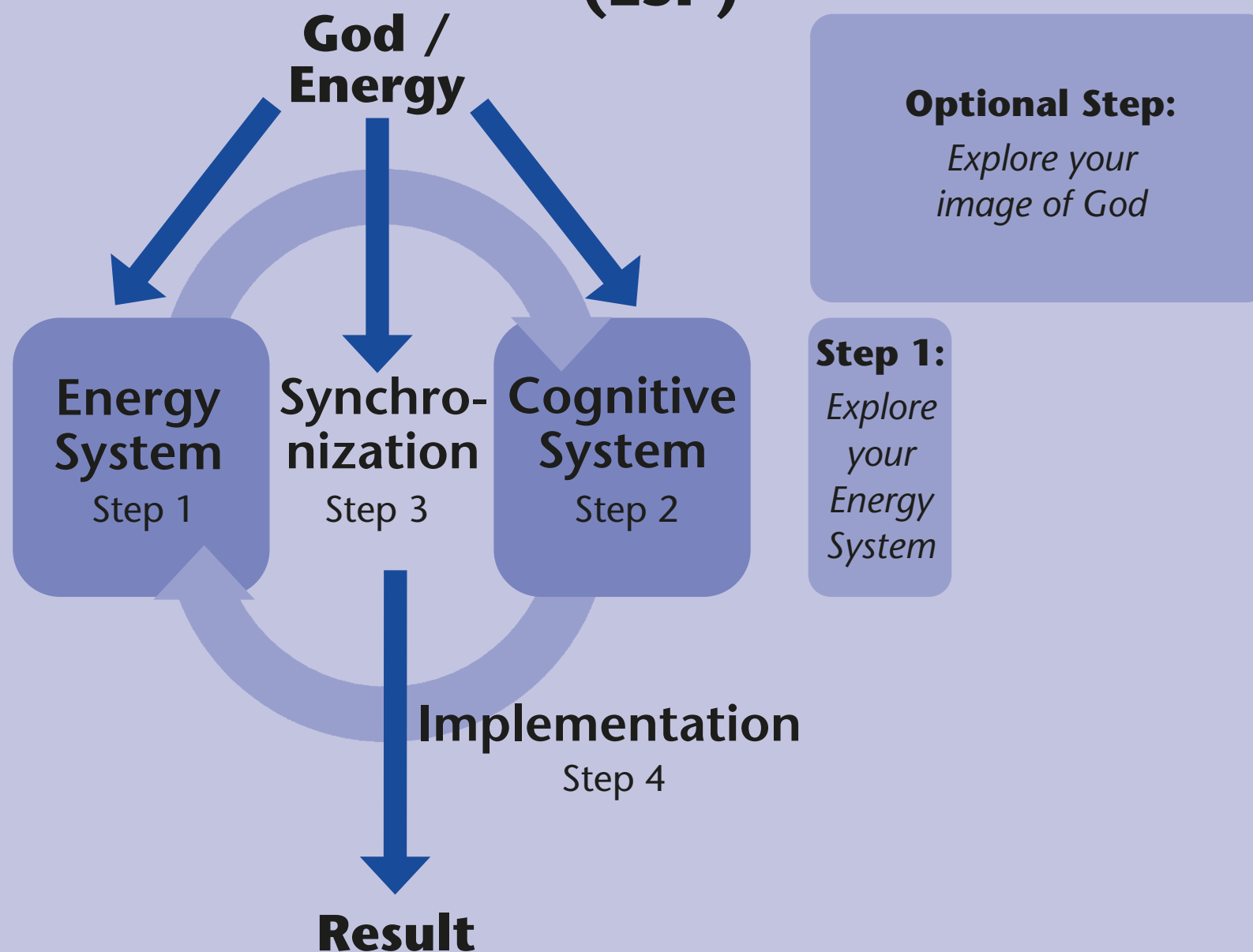


Optional Step:

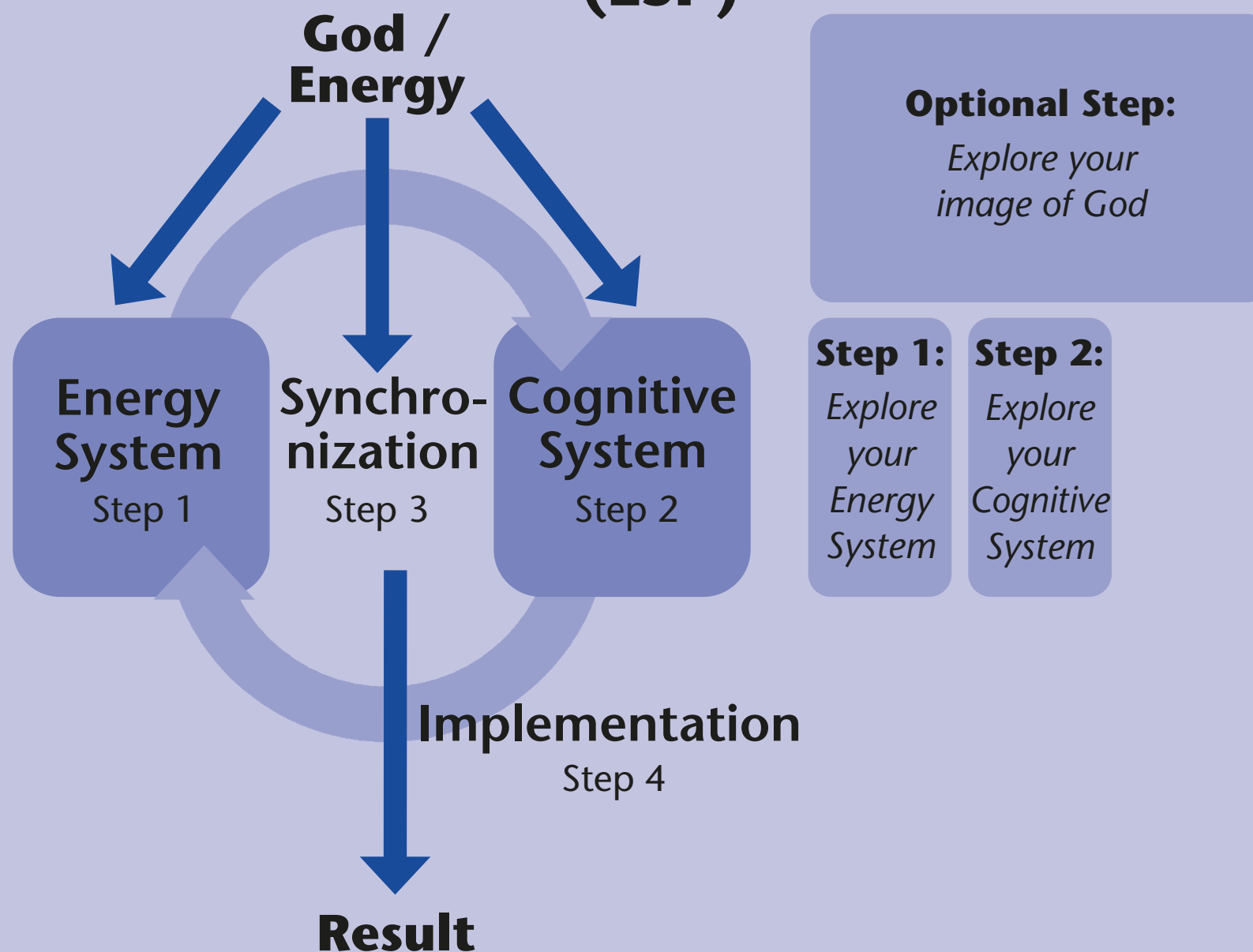
*Explore your
image of God*



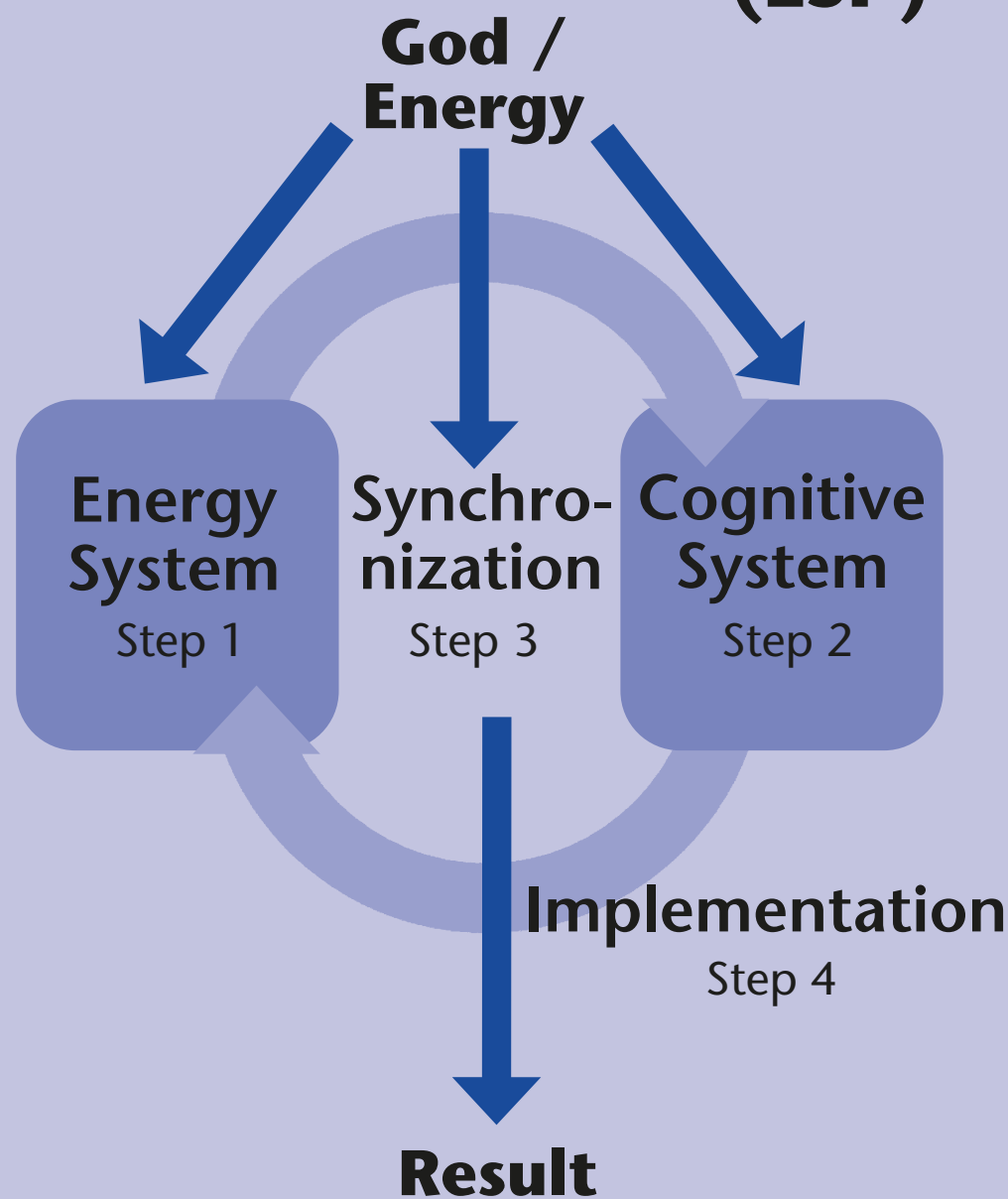
Energy Synchronization Process (ESP)



Energy Synchronization Process (ESP)



Energy Synchronization Process (ESP)



Optional Step:

*Explore your
image of God*

Step 1:

*Explore
your
Energy
System*

Step 2:

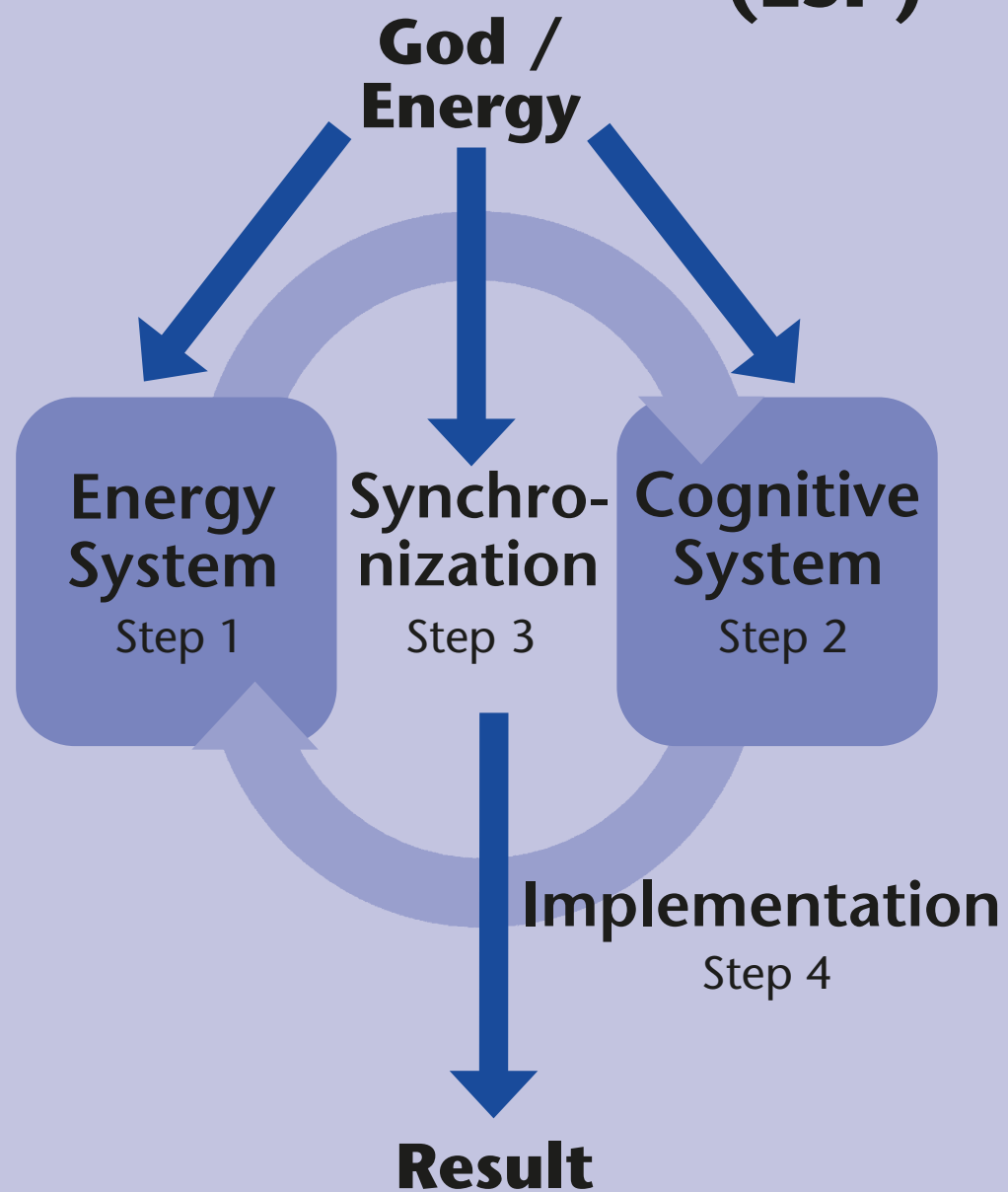
*Explore
your
Cognitive
System*

Step 3:

*Synchro-
nize the
two
systems*



Energy Synchronization Process (ESP)



Optional Step:

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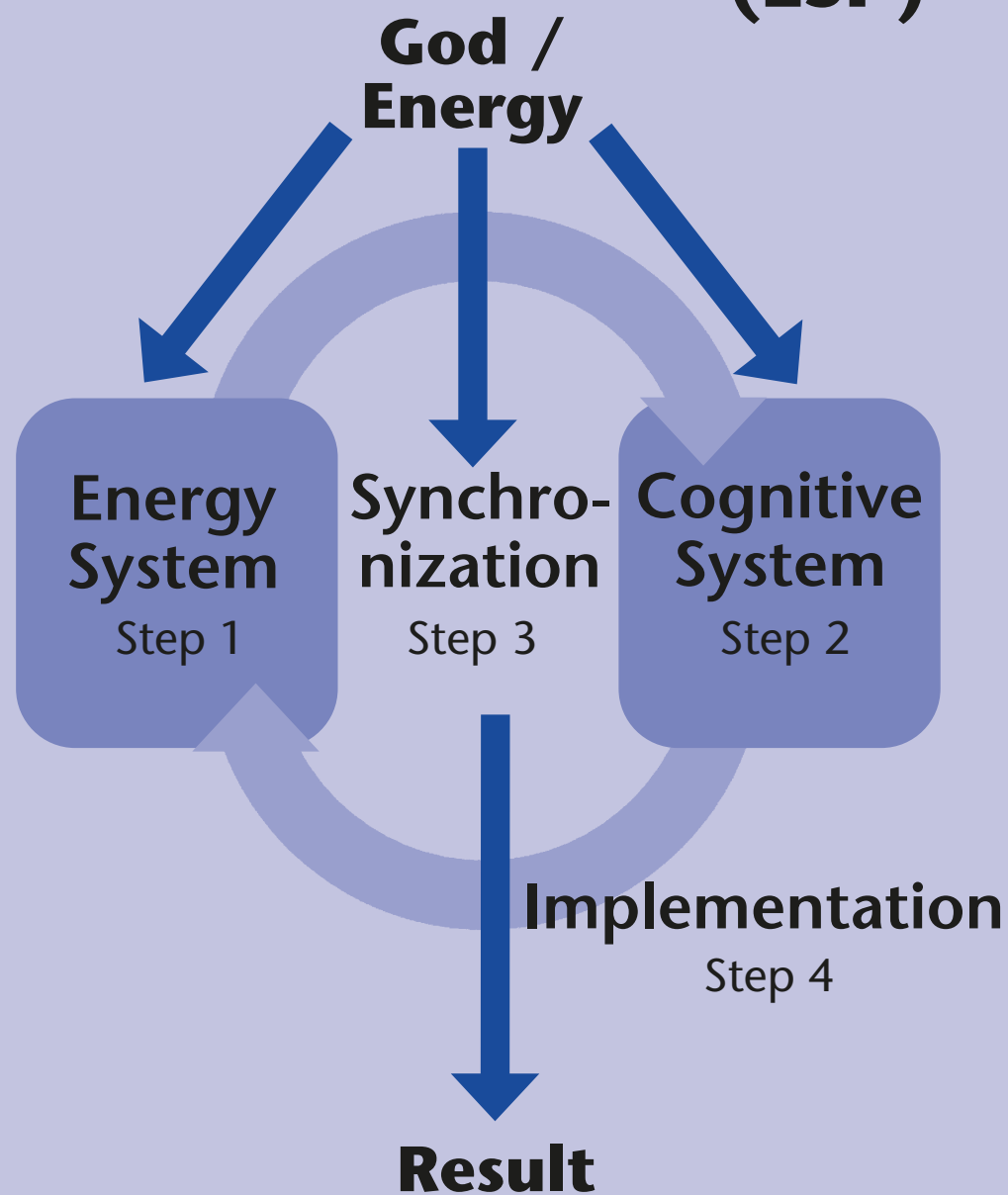
*Synchro-
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two
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Step 4:

*Implement the synchro-
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Energy Synchronization Process (ESP)



Optional Step:

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image of God*

Step 1:

*Explore
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Energy
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Step 2:

*Explore
your
Cognitive
System*

Step 3:

*Synchro-
nize the
two
systems*

Step 4:

*Implement the synchro-
nization in your life*

Result:

"All by itself" mode



Core features of ESP



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Core features of ESP

“all by itself”



Core features of ESP

“all by itself” *rather than* building on will-power



Core features of ESP

“all by itself” *rather than* building on will-power
future-focused



Core features of ESP

“all by itself” *rather than* building on will-power
future-focused *rather than* preoccupied with the past



Core features of ESP

“all by itself”	<i>rather than</i>	building on will-power
future-focused	<i>rather than</i>	preoccupied with the past
empirically grounded		



Core features of ESP

“all by itself”	<i>rather than</i>	building on will-power
future-focused	<i>rather than</i>	preoccupied with the past
empirically grounded	<i>rather than</i>	hypothetical/speculative



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“all by itself” *rather than* building on will-power

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empowering/enlightening



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empowering/enlightening *rather than* esoteric

Scripture-related



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delivered 1:1



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delivered 1:1 *rather than* standardized



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sharing encouraged



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delivered 1:1 *rather than* standardized

sharing encouraged *rather than* knowledge protected

7 sessions of 75 minutes, coaching-style



Core features of ESP

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personal assignments between meetings*



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personal assignments between meetings
€980 for the whole process
(€140 per session = €112 per hour)*



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Free pre-training session



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Three unique benefits of the biblical energy paradigm



Three unique benefits of the biblical energy paradigm

1

Releasing intrinsic motivation





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being motivated

≠

being cognitively
convinced



Extrinsic and intrinsic motivation

Extrinsic motivation	Intrinsic motivation



Extrinsic and intrinsic motivation

Extrinsic motivation	Intrinsic motivation
depends on constant external energy supply	



Extrinsic and intrinsic motivation

Extrinsic motivation	Intrinsic motivation
depends on constant external energy supply	based on God's energy within a person



Extrinsic and intrinsic motivation

Extrinsic motivation	Intrinsic motivation
depends on constant external energy supply	based on God's energy within a person
demands a lot of will power/ self-discipline	



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preoccupied with dynamics of the Cognitive System	



Extrinsic and intrinsic motivation

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demands a lot of will power/ self-discipline	perceived as something that flows from within
preoccupied with dynamics of the Cognitive System	flows from the Energy System



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demands a lot of will power/ self-discipline	perceived as something that flows from within
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must be constantly increased	



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must be constantly increased	existing energy is sufficient



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demands a lot of will power/ self-discipline	perceived as something that flows from within
preoccupied with dynamics of the Cognitive System	flows from the Energy System
must be constantly increased	existing energy is sufficient
works in areas of minor importance	



Extrinsic and intrinsic motivation

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utilizes external incentives	



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must be constantly increased	existing energy is sufficient
works in areas of minor importance	needed for significant developments
utilizes external incentives	results in inner rewards



Neurobiologist Gerhard Roth:



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Neurobiologist Gerhard Roth:



“Material rewards such as pay, income, bonuses, and privileges have an (almost) universal and rapid effect because they are most likely to promise ‘livelihood security,’ but this effect is usually reduced by half with each repetition, i.e., negatively exponential, or even faster (negatively hyperbolic).”



Extrinsic and intrinsic motivation

Extrinsic motivation	Intrinsic motivation
depends on constant external energy supply	uses God's energy within a person
demands a lot of will power/ self-discipline	experienced as something that flows from within
is preoccupied with dynamics of the Cognitive System	flows from the Energy System
must be constantly increased	existing energy is sufficient
sufficient in areas of minor importance	needed for significant developments
utilizes external incentives	results in inner rewards



Extrinsic and intrinsic motivation

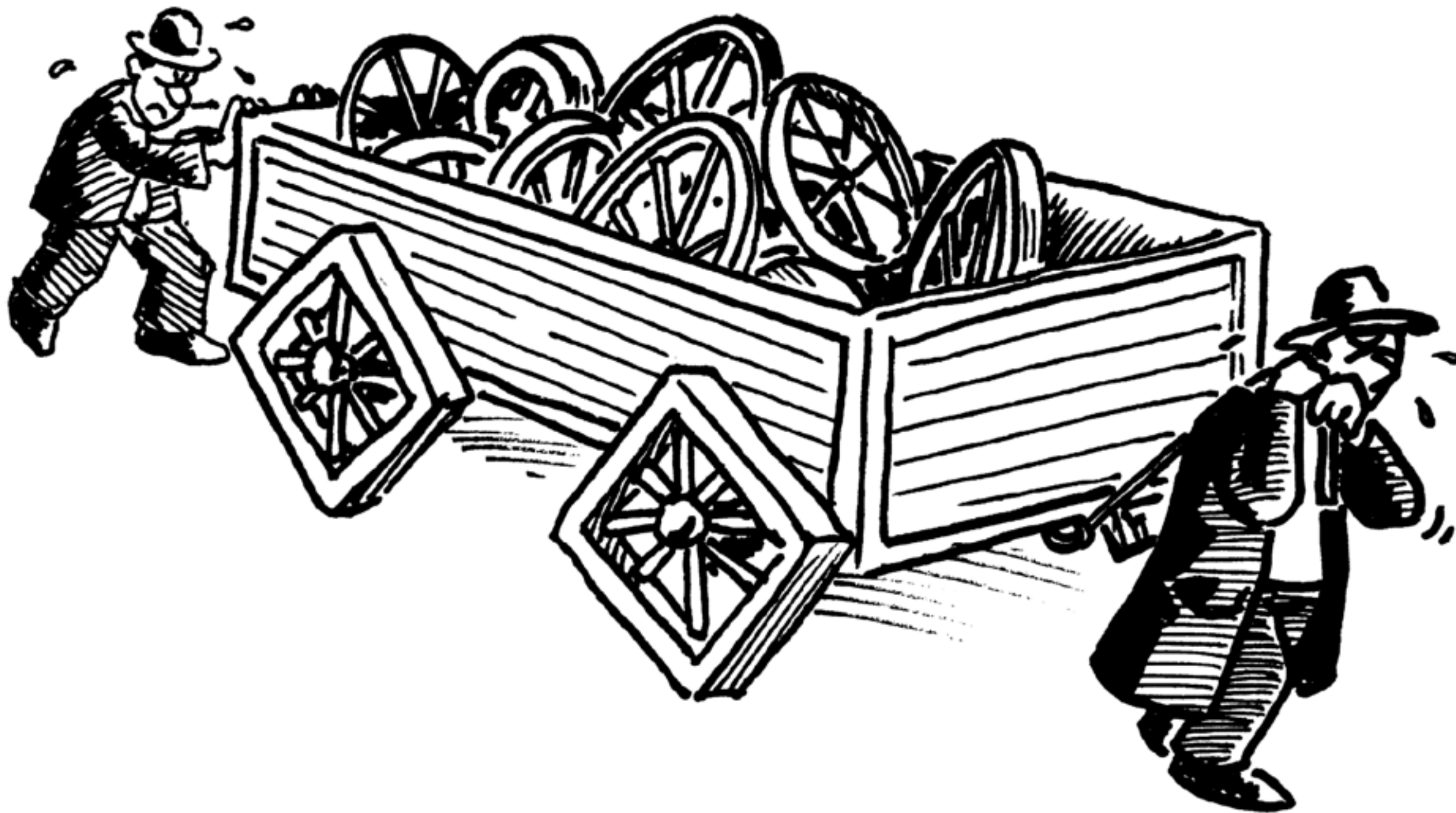
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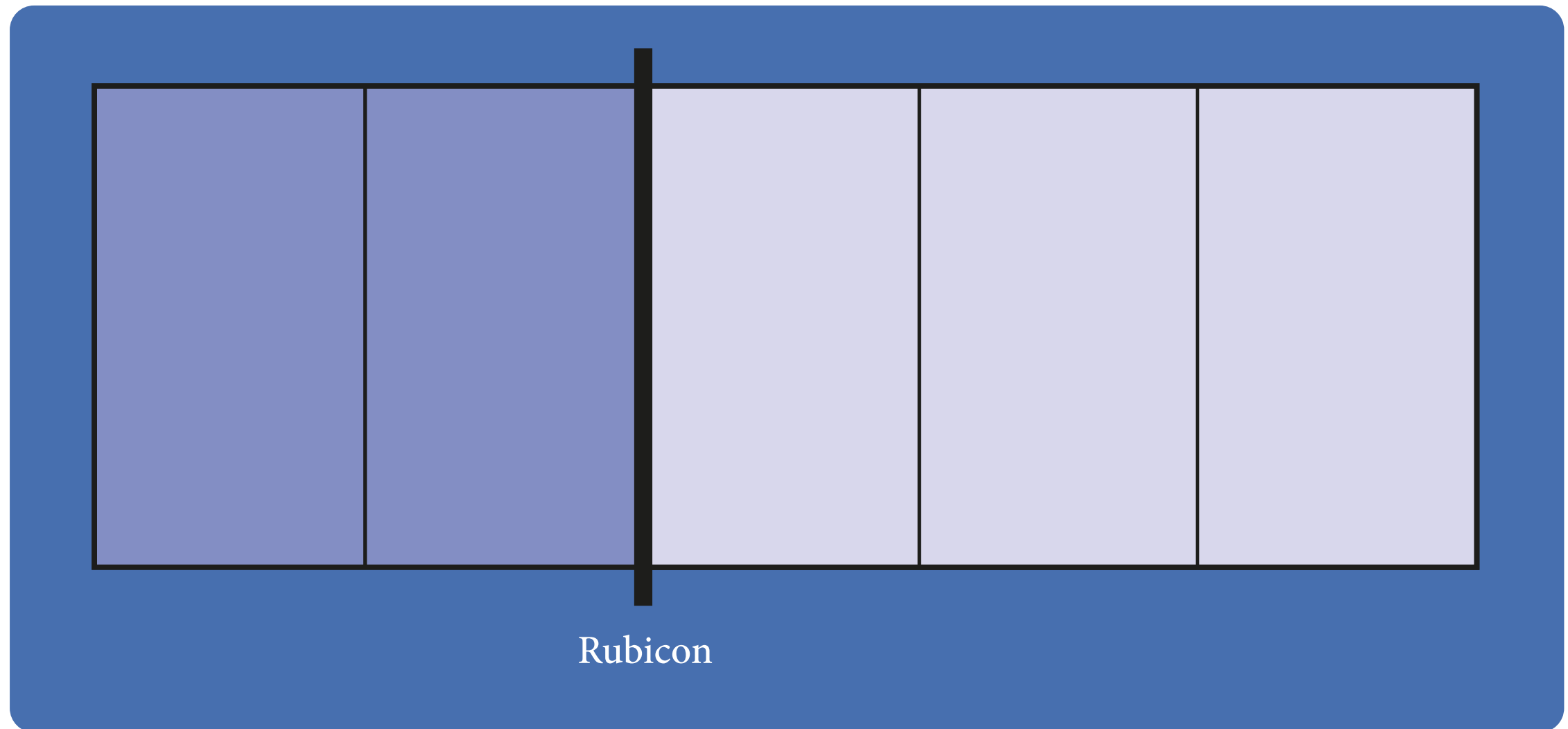


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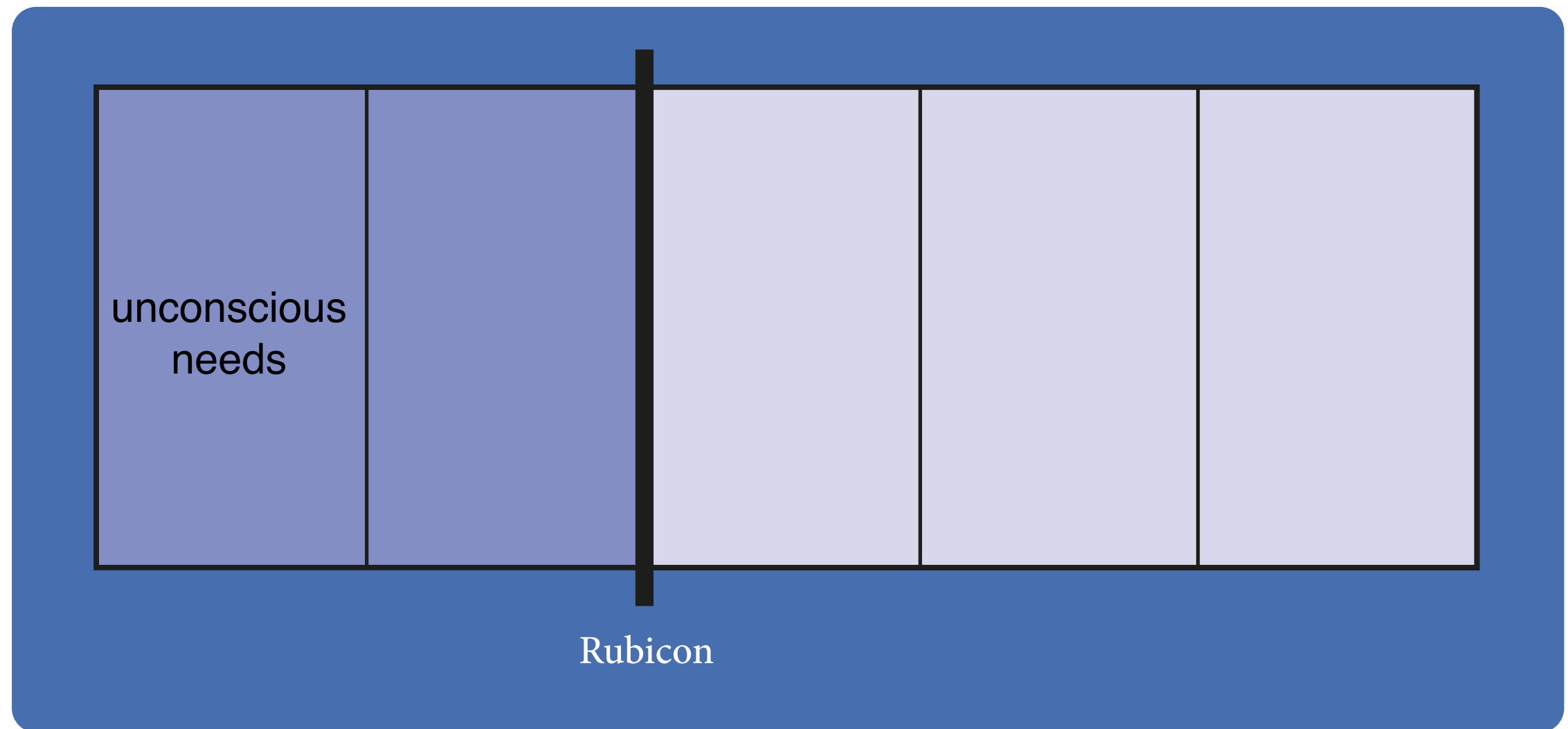


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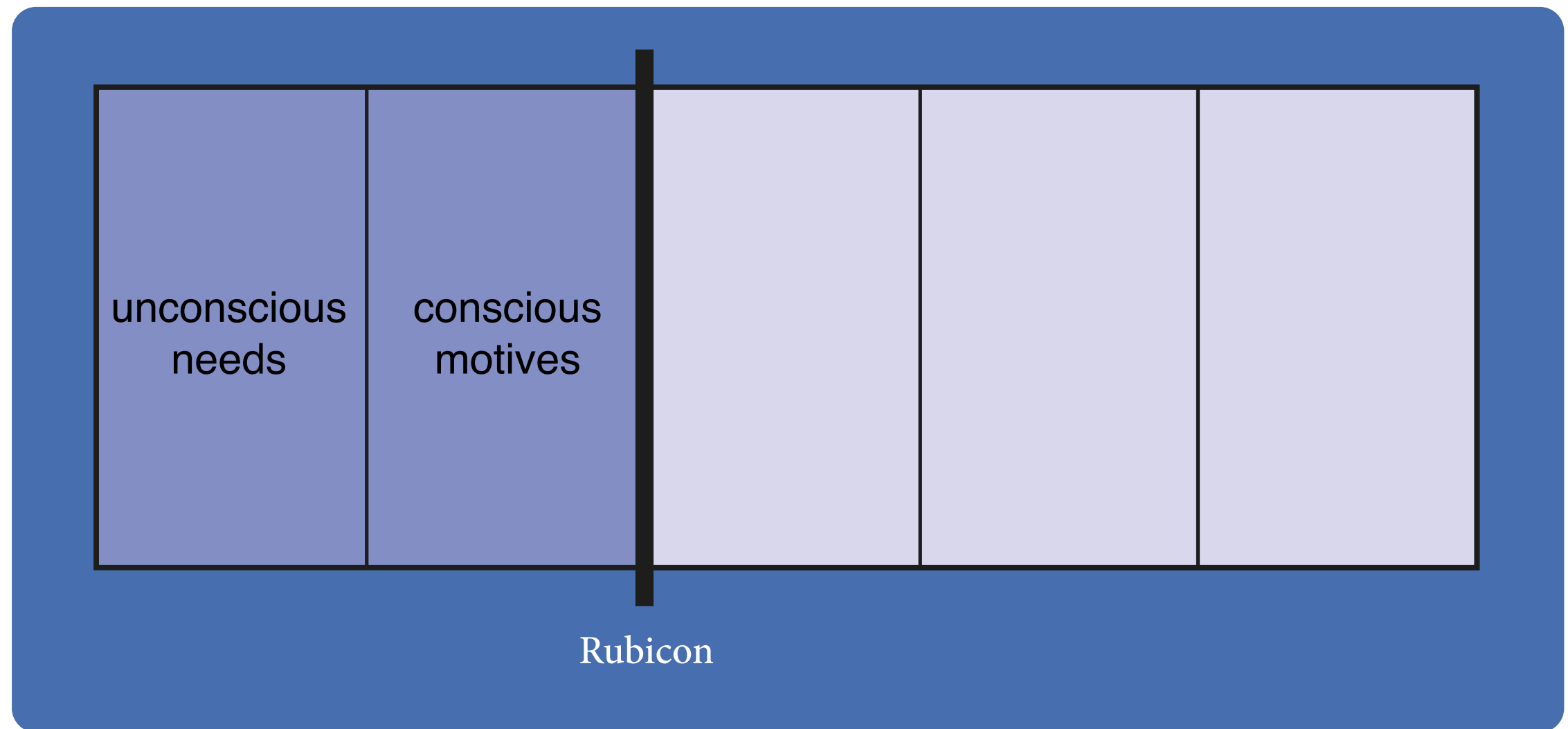
The Rubicon Process



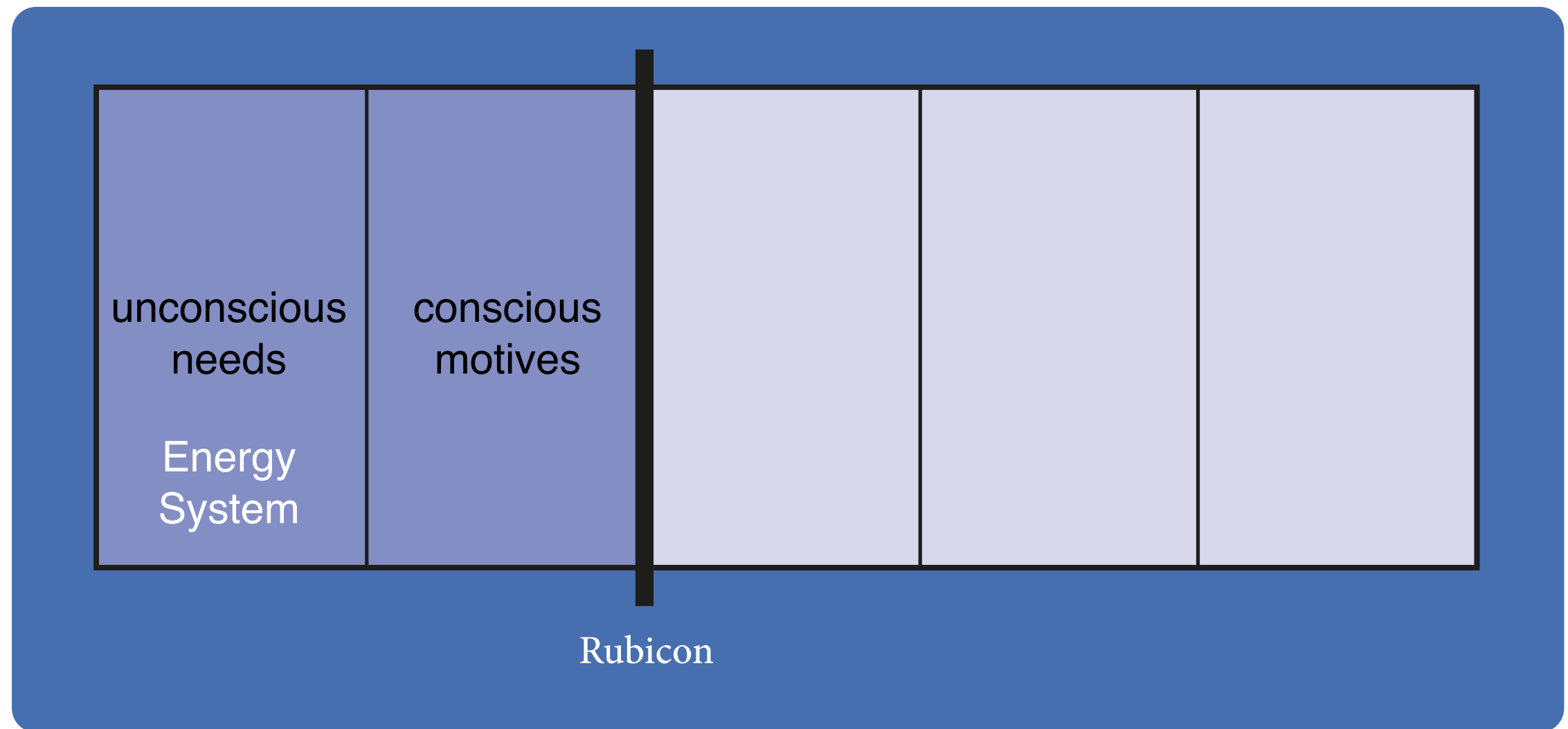
The Rubicon Process



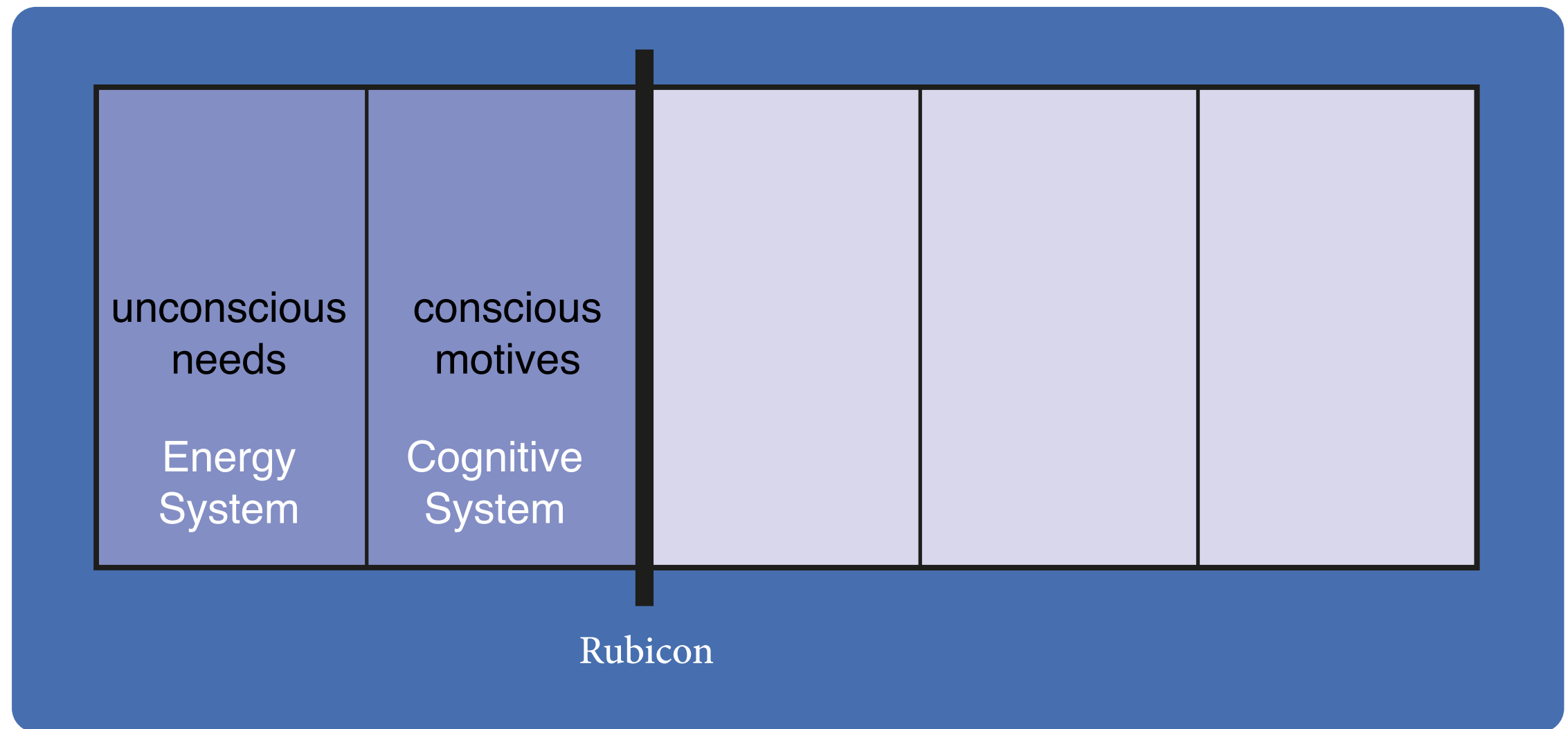
The Rubicon Process



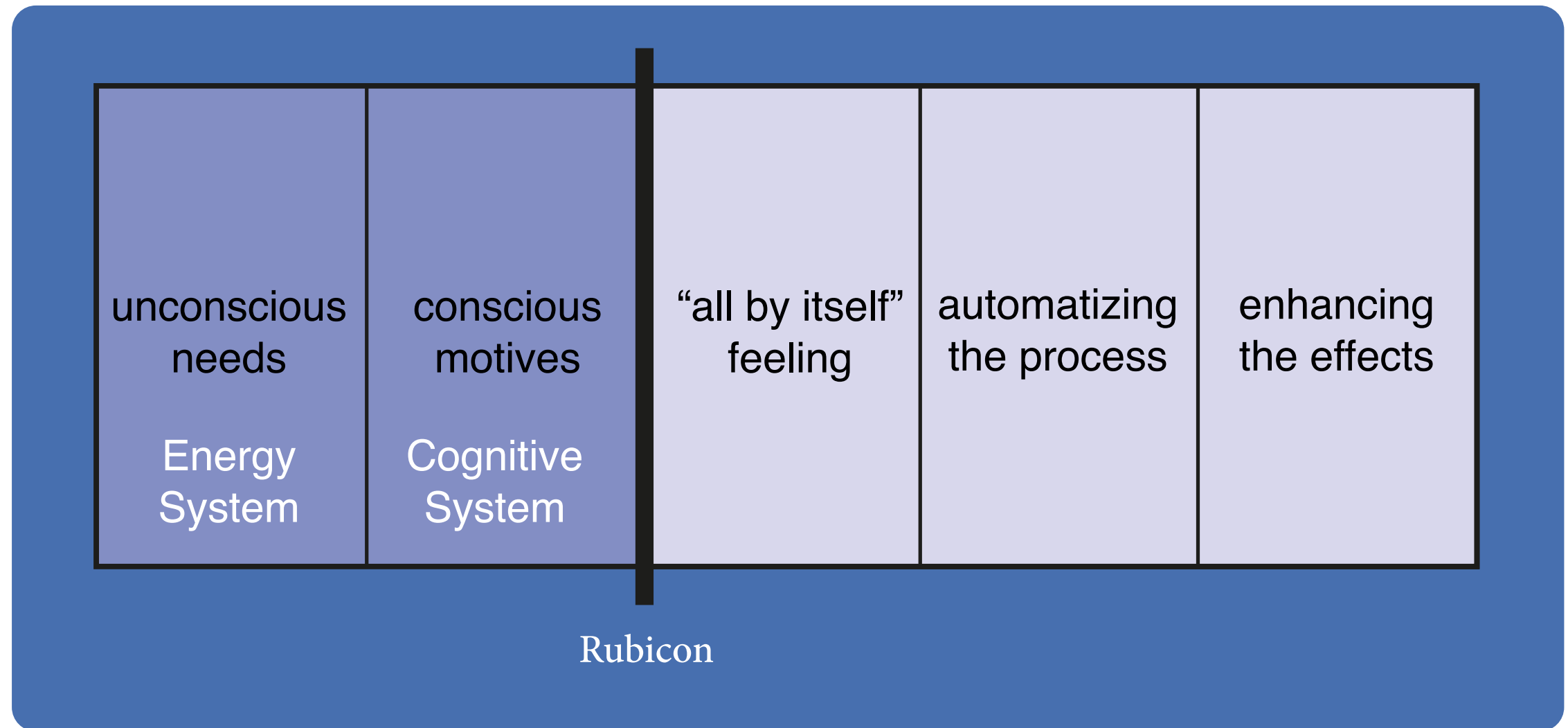
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The Rubicon Process



Two systems in the human brain

System A: Energy System	System B: Cognitive System
feelings	willpower
somatic markers	logical arguments
images	language
unconscious needs	conscious intentions
imprecise signals	precise observations
difficult to change	changeable
<i>“energization to work”</i>	<i>“energization to will”</i>



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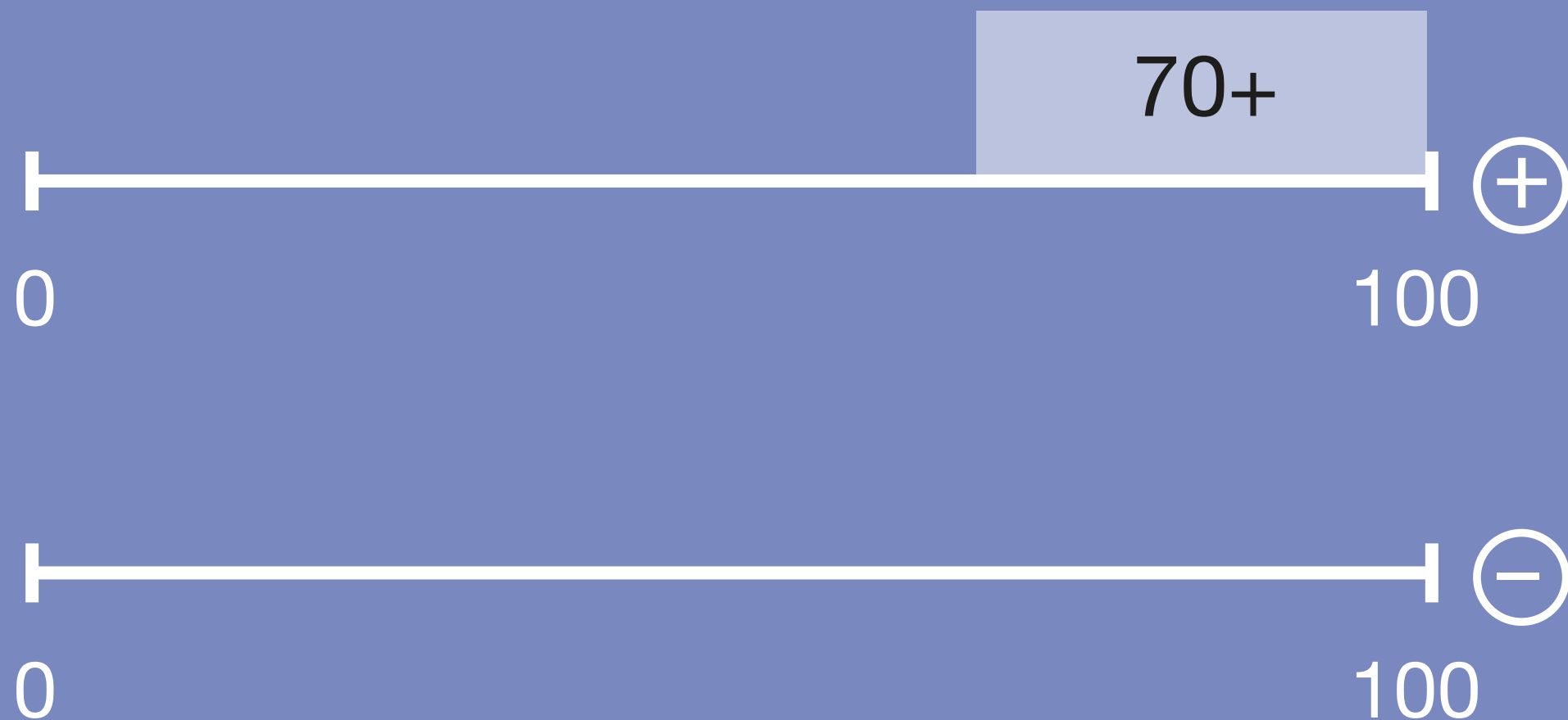
Assessment of somatic markers



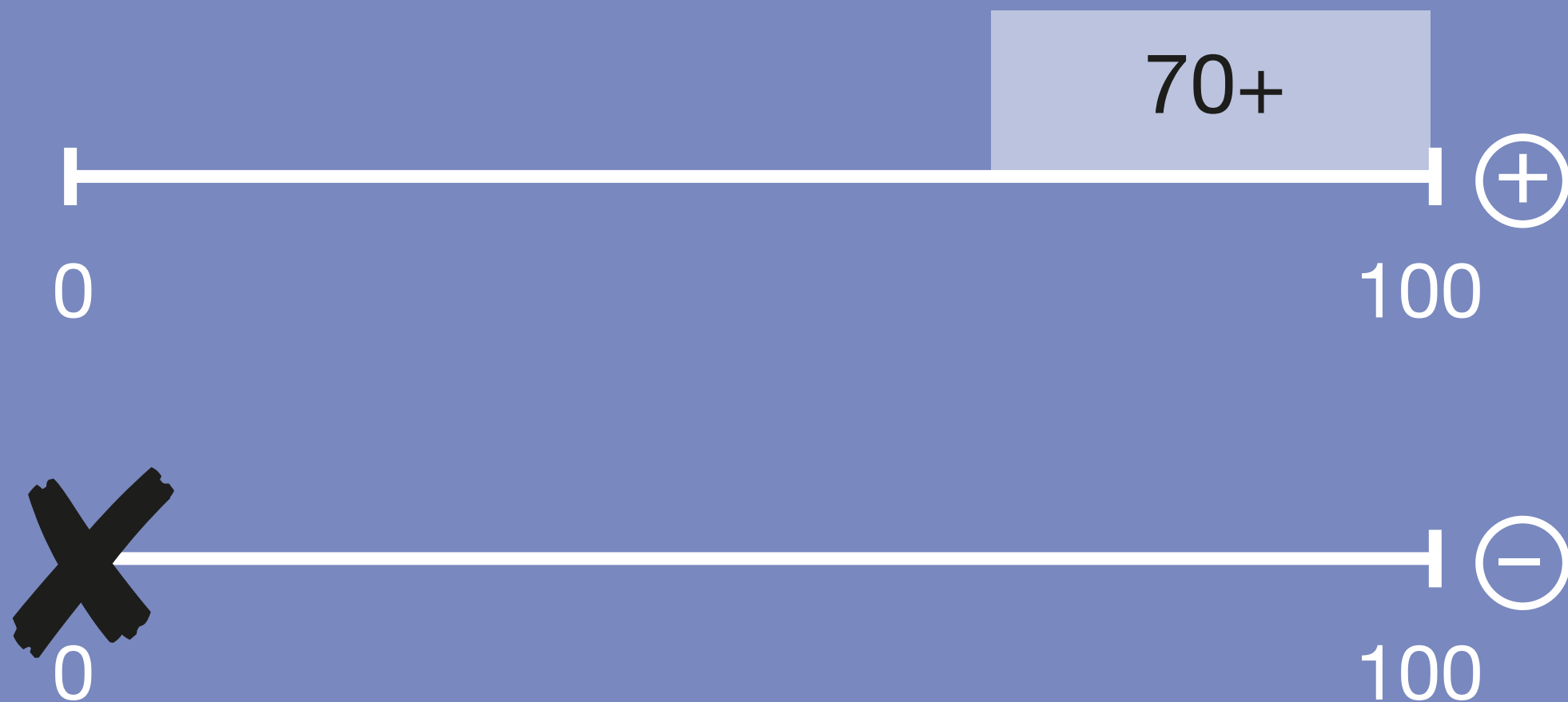
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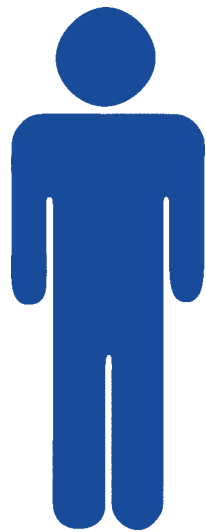
Assessment of somatic markers



Outsmarting the Cognitive System through the Idea Basket technique



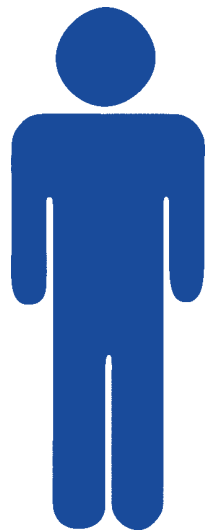
Outsmarting the Cognitive System through the Idea Basket technique



ESP Trainer



Outsmarting the Cognitive System through the Idea Basket technique



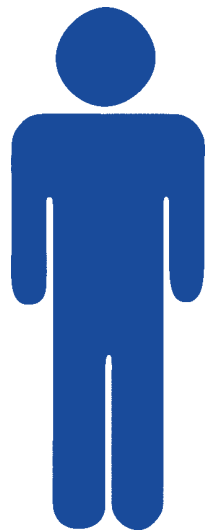
ESP Trainer



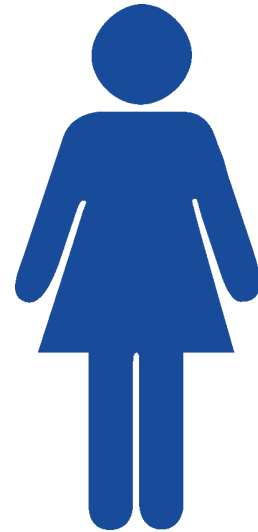
ESP Trainee



Outsmarting the Cognitive System through the Idea Basket technique



ESP Trainer



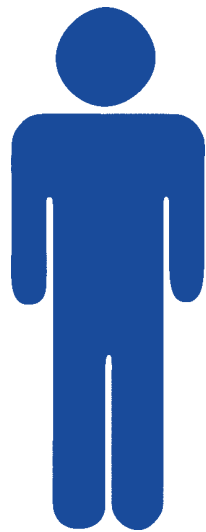
External
Person(s)



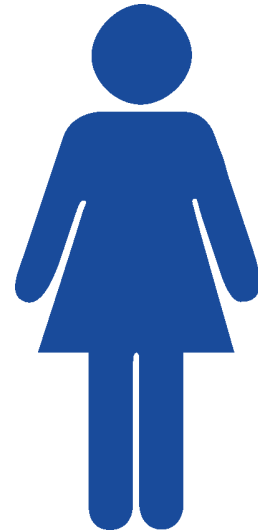
ESP Trainee



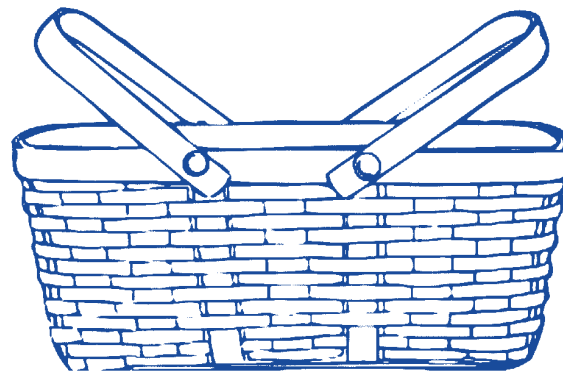
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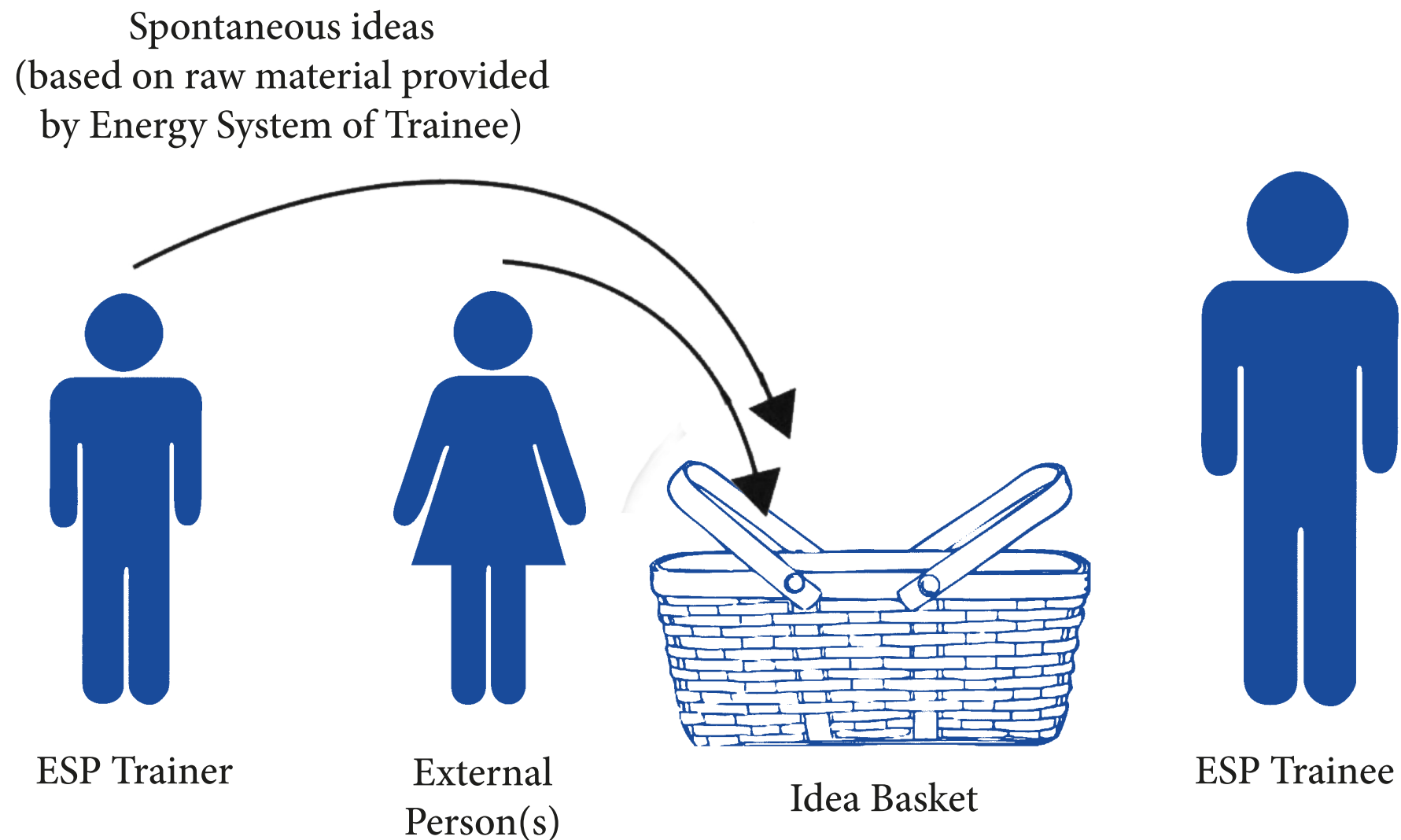
Idea Basket



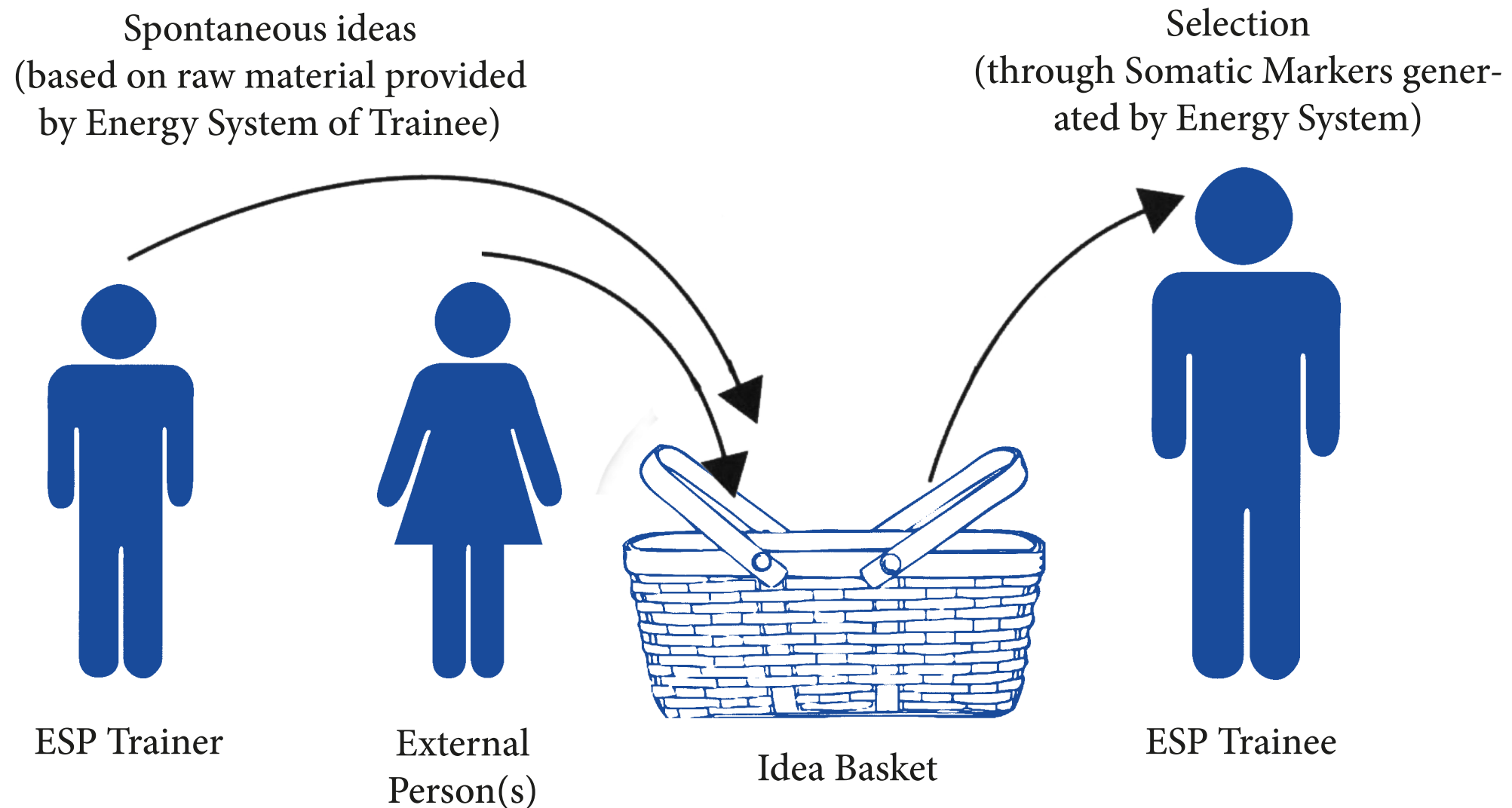
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Outsmarting the Cognitive System through the Idea Basket technique



Outsmarting the Cognitive System through the Idea Basket technique



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Personal experiences



Bill Bickle



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Three unique benefits of the biblical energy paradigm

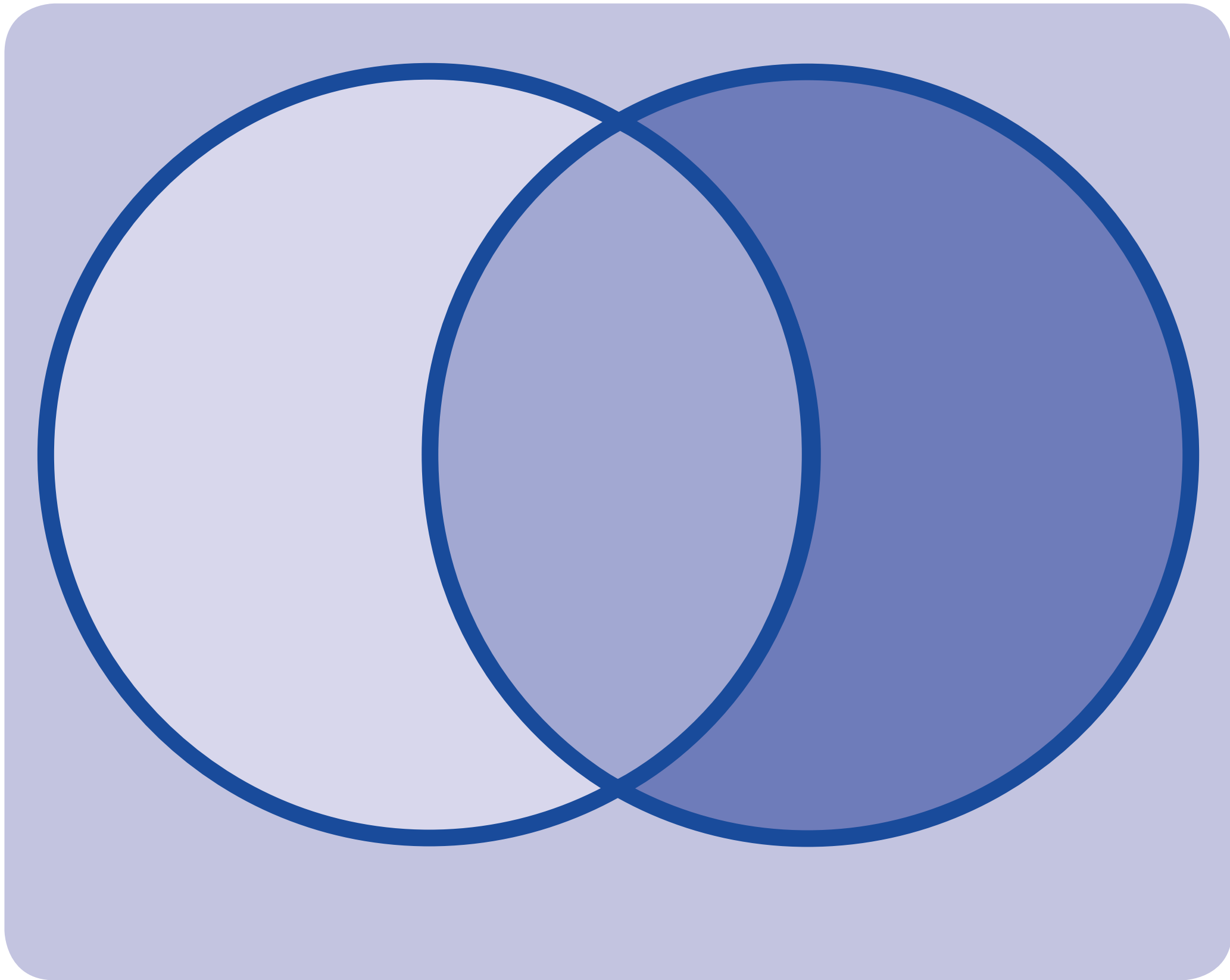


Three unique benefits of the biblical energy paradigm

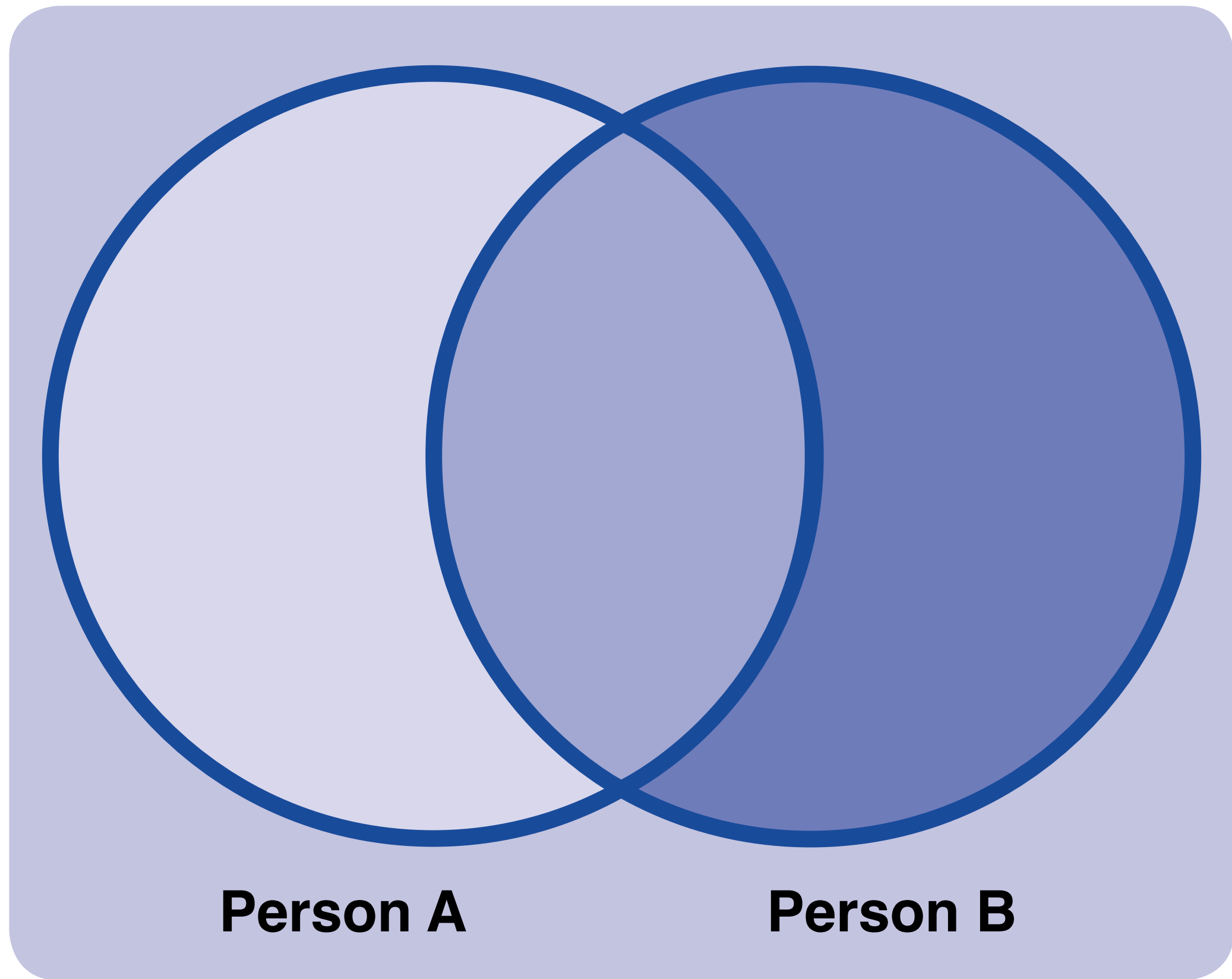
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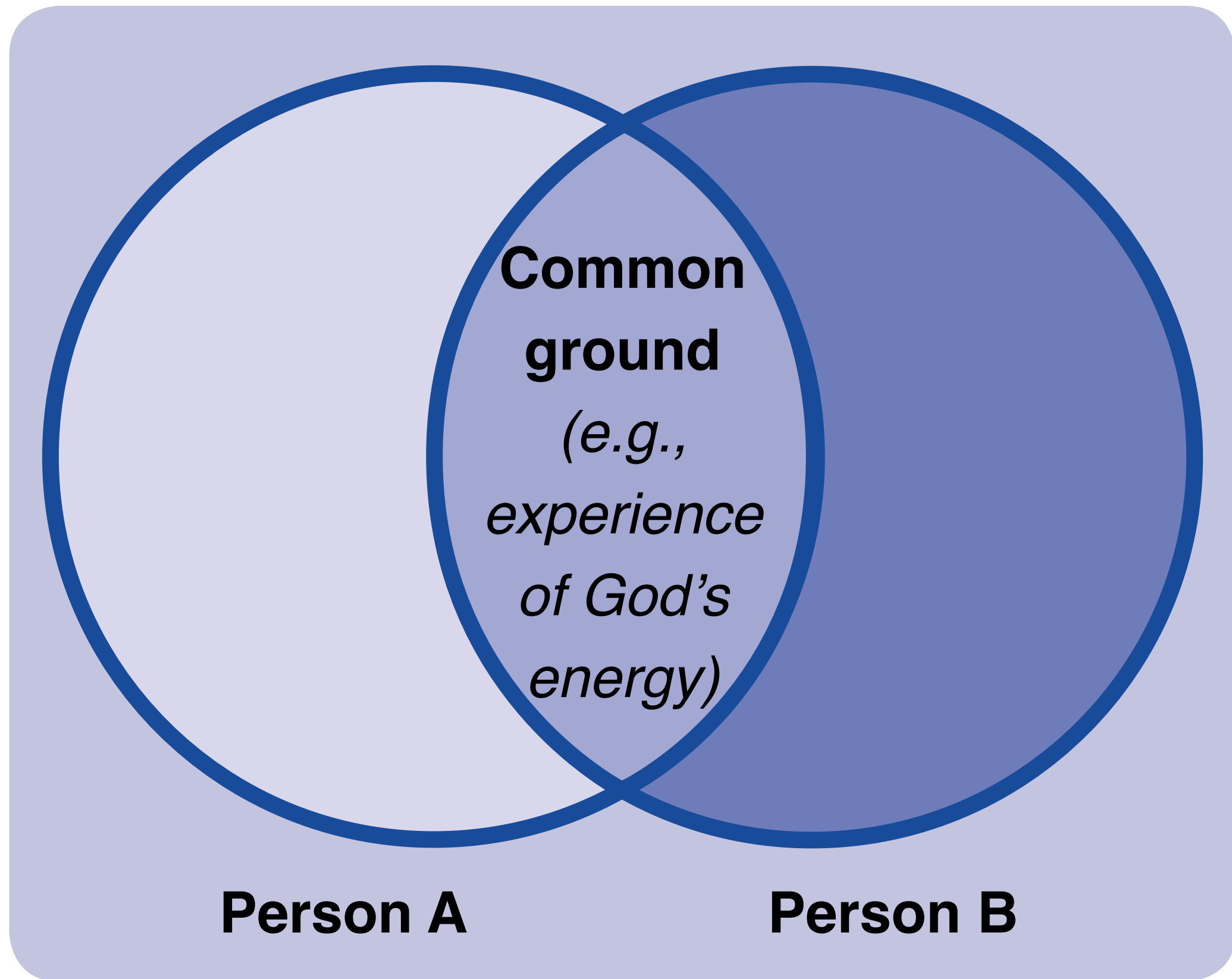
Applying to Christians
and non-Christians alike

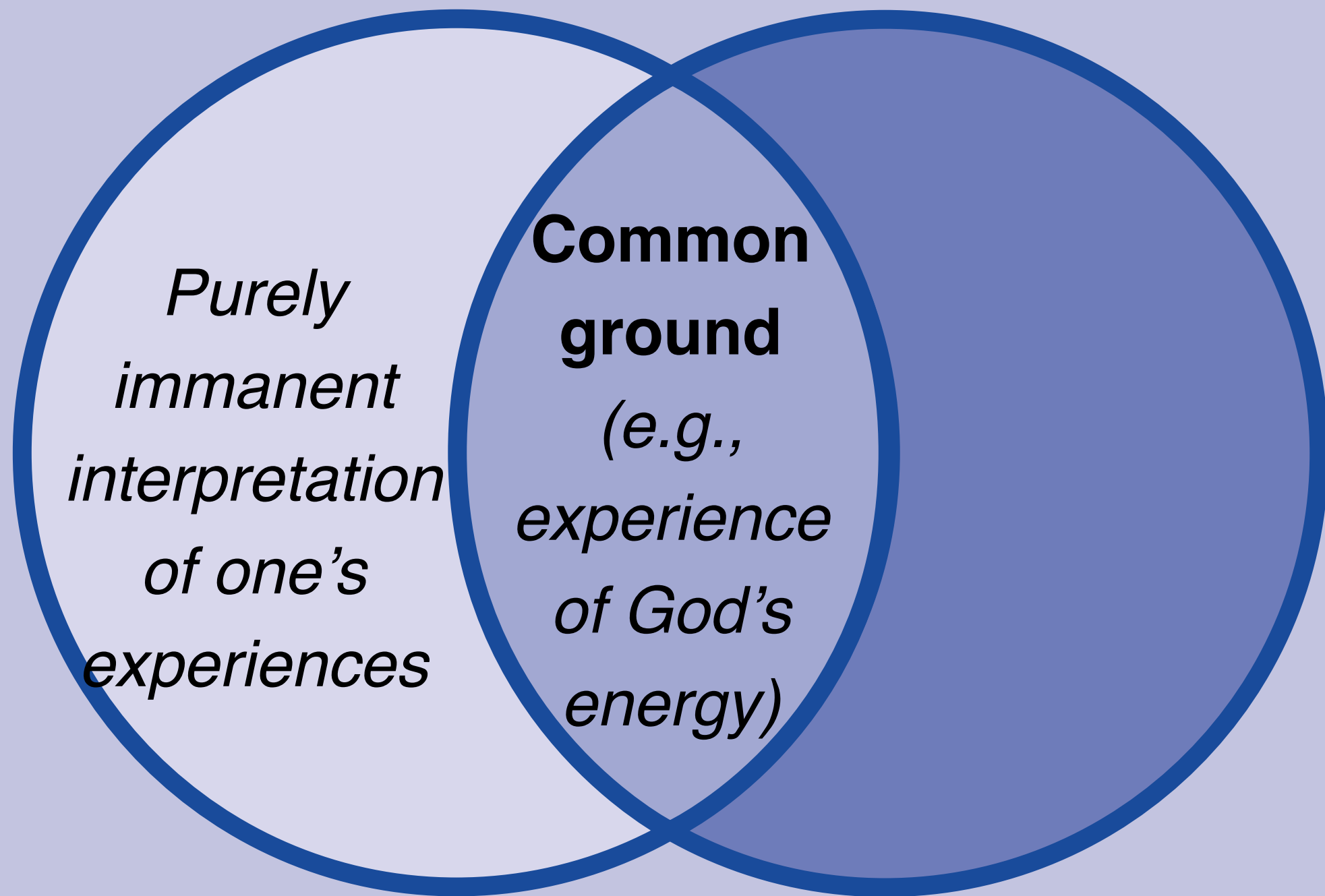




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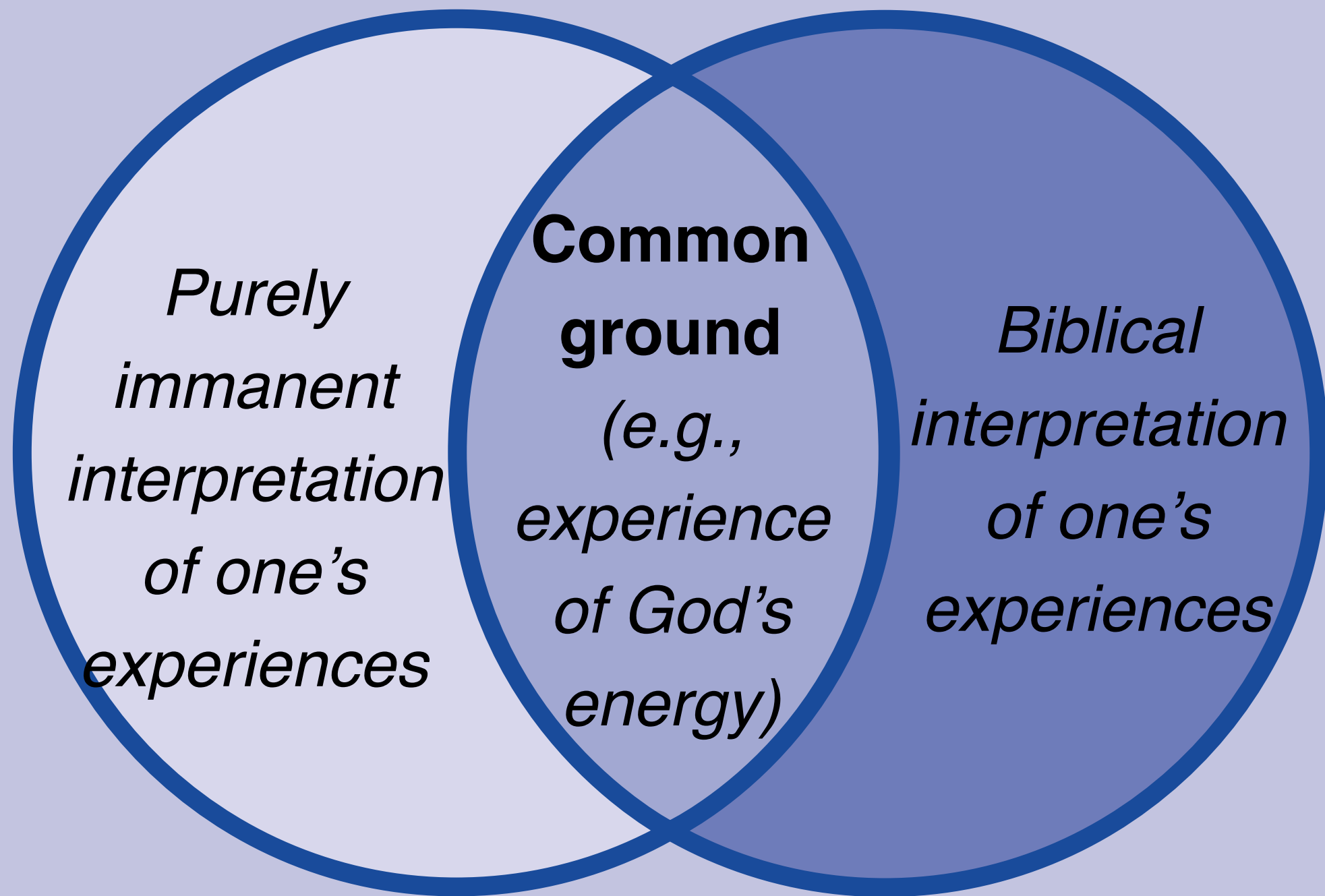




Person A

Person B





Person A

Person B



Transpersonal



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Transpersonal

not: personal minus



Transpersonal

not: personal minus

but: personal plus



Personal experiences



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Personal experiences



Martin Thoms



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Three unique benefits of the biblical energy paradigm

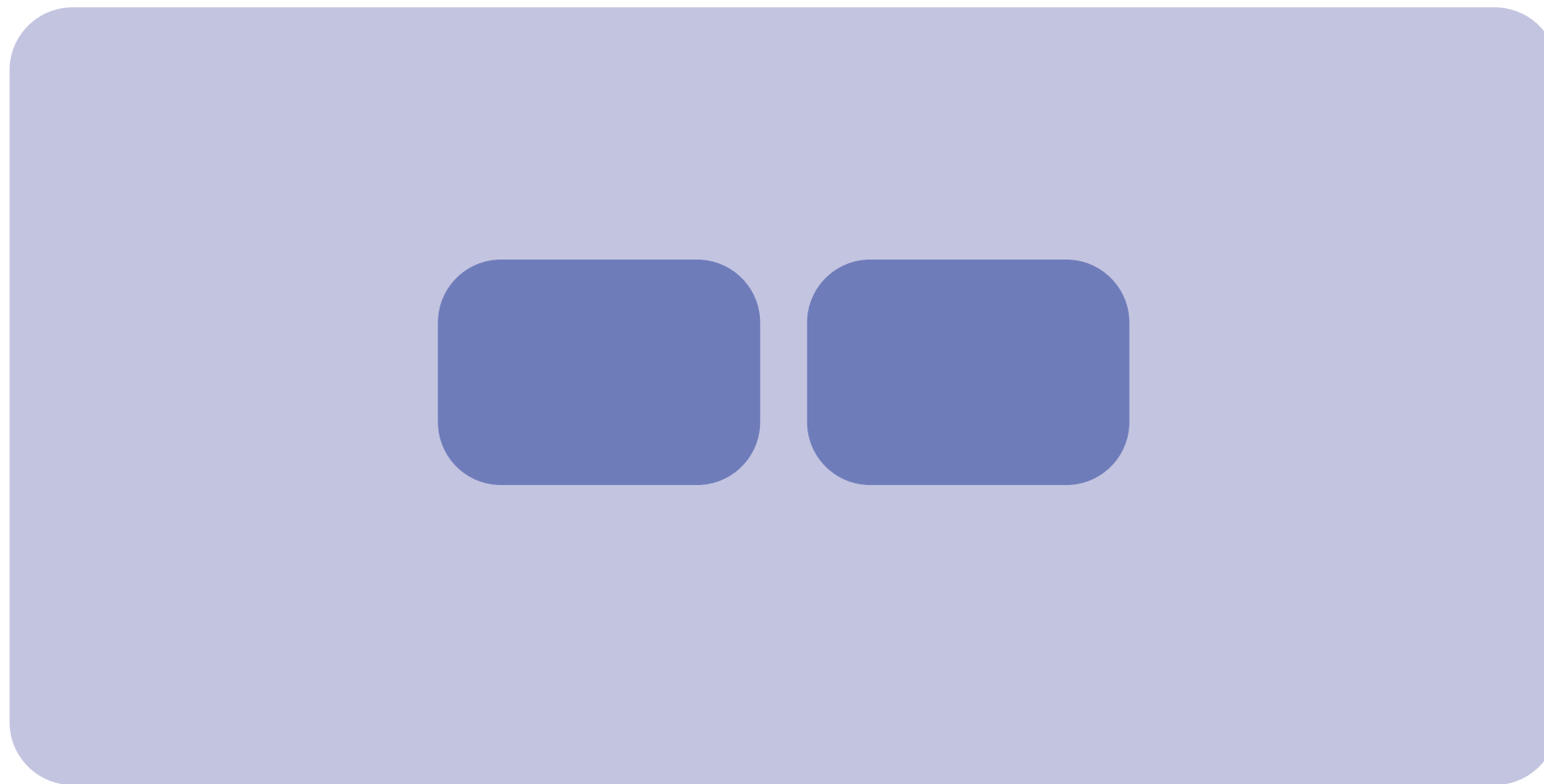


Three unique benefits of the biblical energy paradigm

3

Moving beyond the cognitive and rational





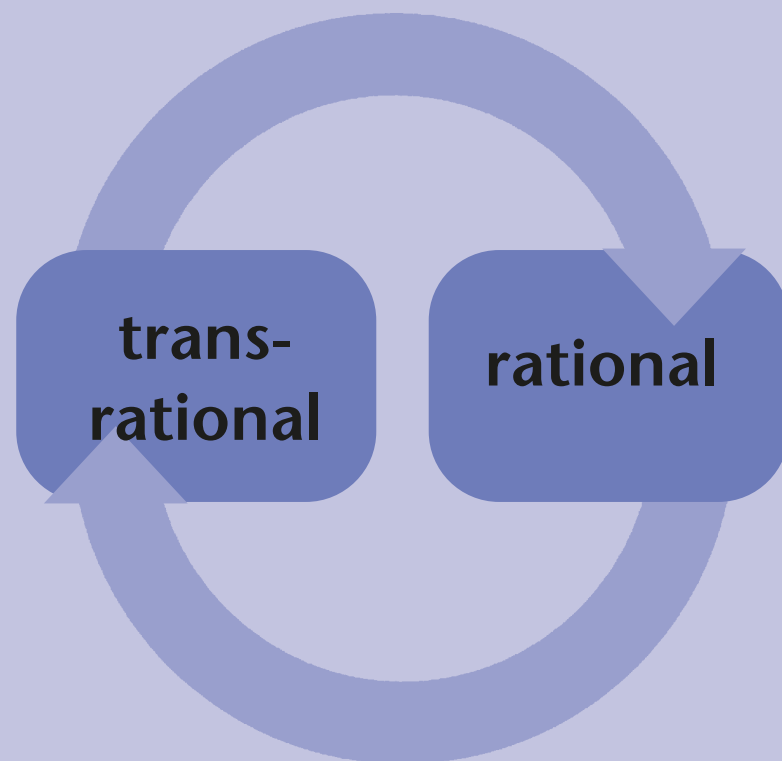
rational

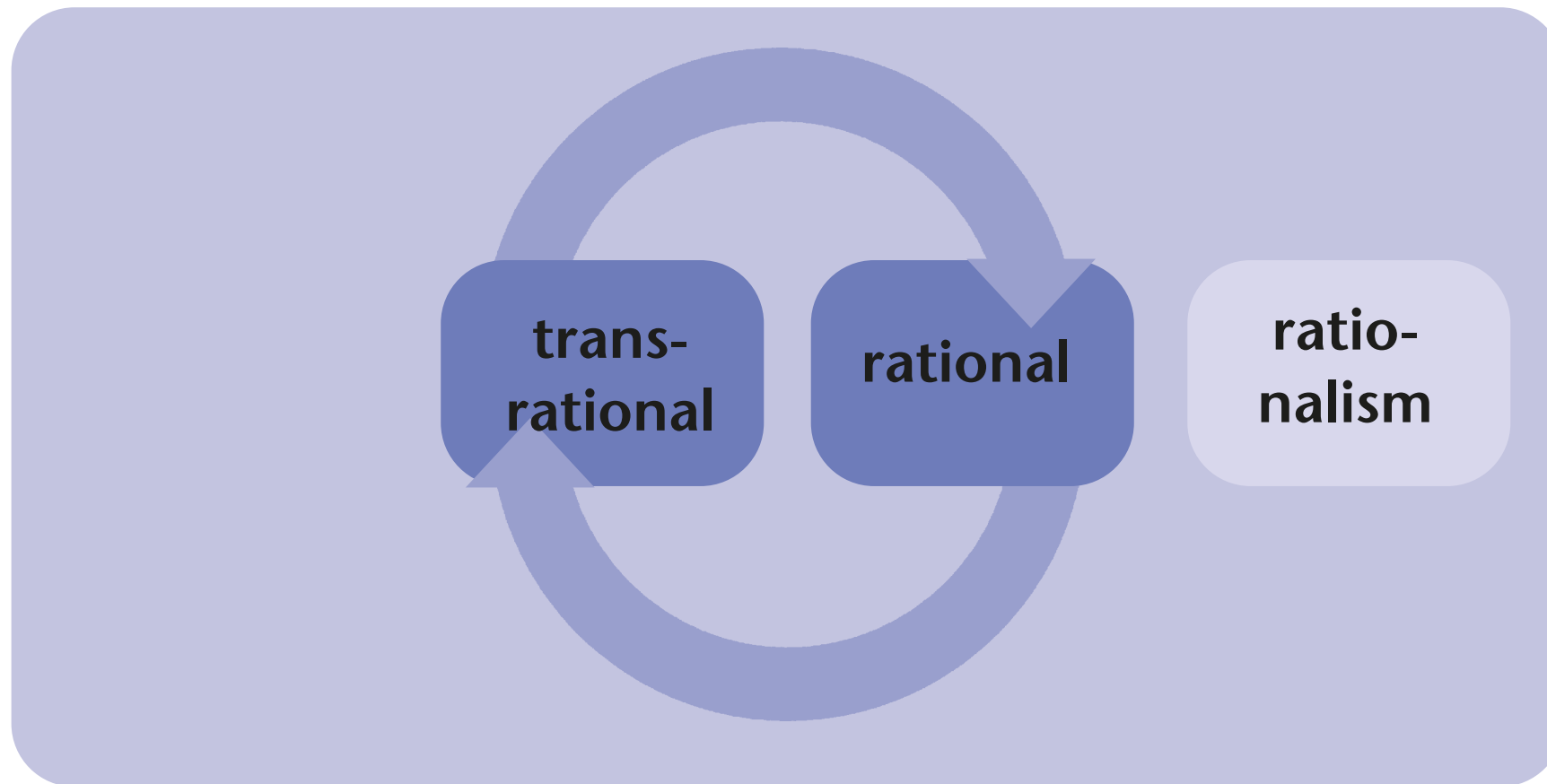


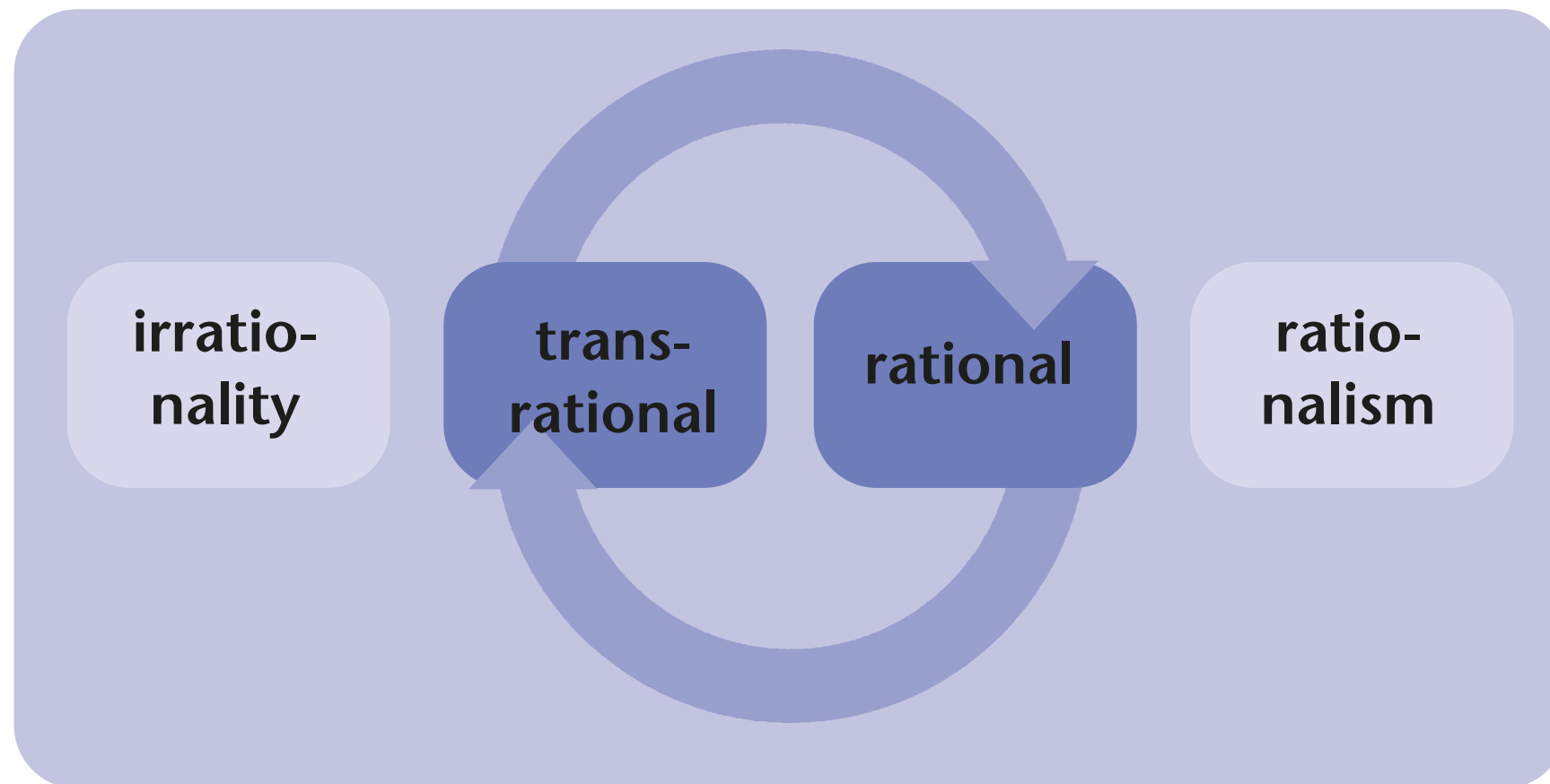
**trans-
rational**

rational







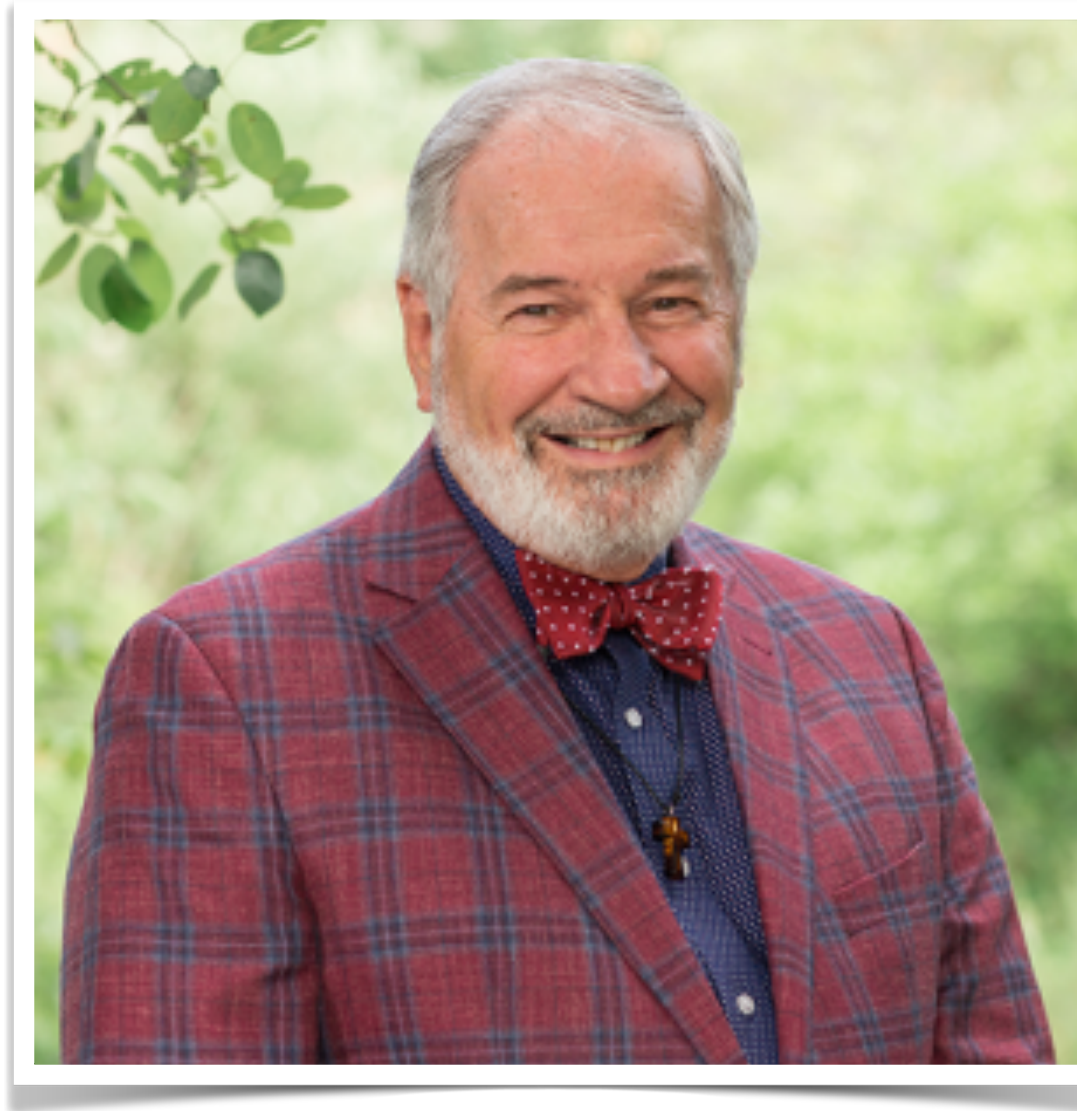


Personal experiences



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Personal experiences



Frank Guinta



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